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Kitchen featured is Tewkesbury Framed Stone



Lelebrate TIMES



The holidays are coming, which for us home-lovers means kicking back in the place we love best with

the people we love most. This year, I'm taking it slow rather than stressing about every last detail it'll all get done somehow. This issue takes a relaxed approach to the

festivities, too, with recipes

for laid-back meals, plus

decorating inspiration

to make your home warm, welcoming

and beautiful. After

all, Christmas comes

but once a year,

so hunker down and let it snow...



Isobel McKenzie-Price. Editorial Director









ON THE COVER Volume 189 Issue 5

Be inspired by beautiful buvs and clever decorating ideas this winter

Sprinkle a touch of Christmas magic with our elegant festive room schemes

Spice up your cocktail repertoire with our special drinks ideas



Steal ideas from four inspiring kitchen and bathrooms

Discover four stunning reader homes

Be brave with fabulous floral wallpapers and fabrics

Beat the New Year's day hangover with a cure-all brunch

STYLING SARITA SHARMA PHOTOGRAPH DOMINIC BLACKMORE





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If every day is about being creative in the kitchen you'll love the Slide&Hide® retractable oven door. It lets you get closer to your cooking.

Meet our Cookaholics and see Abbie making her extraordinary gingerbread creation at youtube.com/bakeityourself



ACCESSIBLE





UNIQUE



Share a secret love

It's not the big passions that define your life – it's the quiet relationships you hardly notice

e're planning a big family
Christmas this year – a houseful
of grown-up kids with lots of
entertaining, booze and jolly banter – but
there's one person who won't be happy until
the last visitor leaves. And she is the one
who matters most. All Phoebe ever wants is
a warm, quiet house; a plentiful supply of
tuna; a lap to sit on and someone to protect
her precious 'kittens' (two old furry toys
that she has been cherishing for years).
Just me and her – that's her dream. Or
maybe me and my daughter Perri, so she
has two laps to choose from.

Phoebs and I spend many winter evenings together, and many nights – that's when she collects her 'kittens' and brings them to my bed. She does this as soon as she is convinced that I've settled down for the night, then hides them again in the morning. It's this tiny mark of trust that makes me love her so much, because the

approval of a pet can only be earned by kindness. You can't buy it or force it – it's bestowed on you, if you're lucky, because you have measured up as someone to be trusted, someone kind and giving and safe, a protector and a benefactor.

It's good to remember that, when you have moments of doubt. Phoebe's trust has got us all through many a dark day. She's become more sedate as the years have gone by, but her love remains true and she deserves her pleasures now. So when all the guests have gone, we'll snuggle down by a warm fire and sit peacefully together to share that small, quiet love that can make life feel sunny even on the darkest day.

Isobel

Isobel McKenzie-Price, Editorial Director



Add magic to a dark winter day

Twinkly, cosy and warm – three key ingredients to make winter perfect

GO FOR INDUSTRIAL SPARKLE

Minimal, yet magical — pop these battery-operated naked-wire lights (from £15.50) into a chic dome (from £35) to glam up your holiday display — both from Cox & Cox.

CHOOSE THE BEST HOT CHOC

Treat yourself to an indulgent hot chocolate boosted with 1tsp rum and 1tsp vanilla essence. Savour it in a stylish ceramic mug, £16, from Plum & Ashby (below).

LAYER UP WITH A THROW

My best friend Phoebe loves it if I provide plenty of cosy throws for her to curl up on, on those days when I am forced to remove my lap as an option. Sometimes, we just both snuggle up together underneath —

Ceramic mug, £16, Plum & Ashby. Jaquard knitted throw, £30, Matalan

double bliss!

FOR WHERE TO BUY ITEMS SHOWN, TURN TO OUR SHOPPING DIRECTORY



READ THIS ON YOUR TABLET

Download your digital edition at housetohome. co.uk/idealhome magazine

IDEAL HOME ropping Spy



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Fine lines This fits snugly on a bench Lassie cushion, £40, Scandi Living

See Style Editor Alice's essential edit of what's in the shops this month



Dine by candlelight Antique zinc covered lantern. £30, John Lewis





Get the message

We love the hand-drawn look of the lettering 'Baby It's Cold Outside' sign, £3, Matalan

Green room Add warmth with imitation foliage Medium faux olive tree, £75, Nordic House



Simple celebration

For a laid-back dinner to see in the New Year, pare back the fuss but add some dramatic flourishes

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Star baker Use to make biscuits, then

as a decoration

Cookie cutter

decorations,

& Spencer



Keep tableware out on display Leaning shelves, £310. French Connection

Christmas kiss

Who needs an excuse at midnight? Mistletoe bundle, Croft Collection range, £6, John Lewis



New neutral Soft grey warms up bright white

Talia dining chair,

£95, Habitat

Lovely lustre Ideal for a mantel Large antique silver candlestick, £9.95, Nkuku

Simple style Keep things informal with distressed china Nordic plates, from £10 each;

mua. £5.50; all Nordic House



Name game Personalise your table settings Heart-shaped

slate tags, £7 for four, Kaleidoscope







Rustic sparkle

Find natural materials that have been given a glimmering finish or metallic touch

FOR WHERE TO BUY ITEMS SHOWN, TURN TO OUR SHOPPING DIRECTORY



Gilded cones

Arrange these in a vase

Gold pine cones. £1.99 for three, Butlers SO HOT Right Mow

Owls: This trend still has wings



Flight of fancy Part of a range of bird designs Barn owl cushion, Birdy II range, Magpie

£20

Woodland

character This ceramic piece has rustic charm

Dreamscape owl mug, Paperchase





£6.99

Nostalgic kitchenalia We love the vintage illustration Hanna owl tin,

The Oak Room

LOOK WHAT



A contemporary take on the wall-mounted deer head Wooden stag clock, Studio Thirty Two range, WorldStores

See more finds at worldstores. co.uk/s/Woodland.htm

Spun gold

A traditional

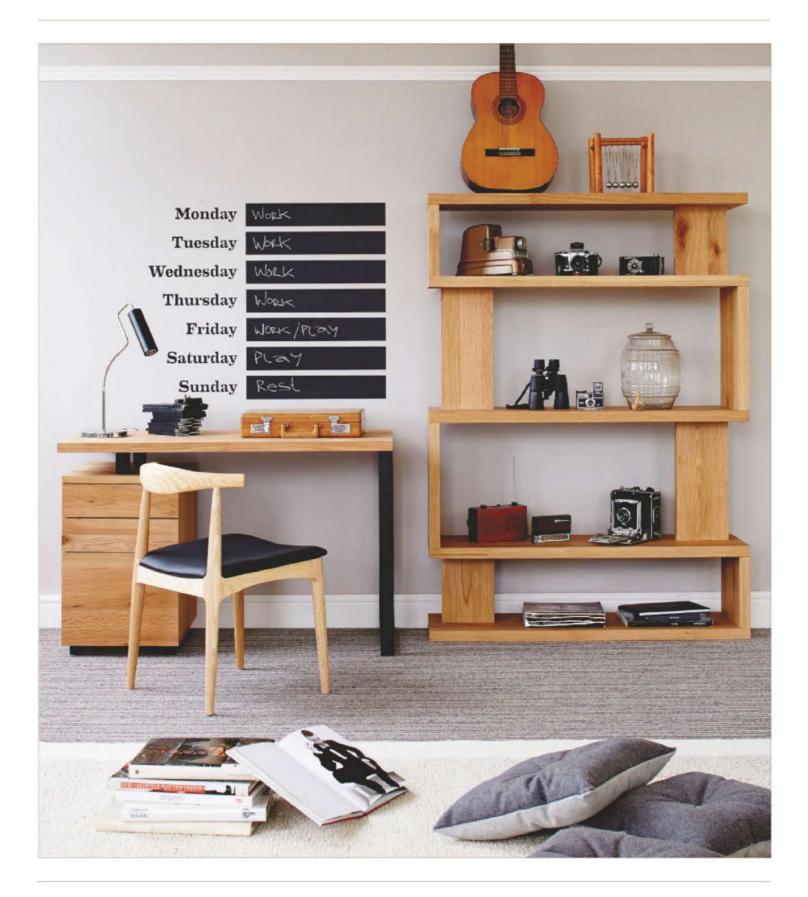
style with

added bling Gold bench,

£110, Zara

Home





HIGH STREET Heroes

Julie Reynolds-Smith

Get to know the brains (and style) behind the recently rebooted home collections at Tesco

FOR WHERE TO BUY ITEMS SHOWN. TURN TO OUR SHOPPING DIRECTORY

The offer of

relaunching the

entire collection

was too exciting

to turn down

hen Tesco embarked on a campaign to refresh its homeware offering two years ago, the company needed to find someone who lived and breathed home products to head up the launch. It didn't have to look that far - with more than two decades of experience as a homeware buyer for Marks & Spencer, Next and BHS, Julie Reynolds-Smith knows the high street inside out.

In less than a year, Julie and her team revamped Tesco's homeware collection, expanding it to include more furniture and introducing trend-led soft furnishings and

accessories to reflect its growing style-savvy fanbase. The spring 2015 range, which hits the shelves in January, is made up of six exciting trends, including the retro-inspired Mid-Century and the elegant Modern Romance.

GET TO KNOW HER SIGNATURE STYLE

'I would say that my personal style is contemporary with a classic twist,' says Julie. 'It's important for me to surround myself with things that make me feel comfortable and relaxed.' Her favourite collection from Tesco's spring 2015 range is the mid-century trend. 'It features bright, bold colours and furniture designed by our in-house team,' she says. 'I always love the change in seasons, particularly winter to spring. It's about looking forward to the sun coming out, being able to open your windows again and enjoy the weather, especially the garden. The new trends we've created for spring really reflect that.' THE WOMAN BEHIND THE LOOK

Julie's passion for design started at a young age. 'As a child, I was always dressing up or making my own clothes and putting on mini fashion shows for my family,' she says. 'In my last year at school, I was taught by a fantastic teacher called Mrs Smith in a

design and technology class. She inspired me to follow my dream and do something that I love as a career. Part of her class was learning how to make clothes - I knew I was good at it and it was something that she encouraged me with. I also wanted to learn about the management and financial side of things and she helped me focus on that, too.'

Julie went on to study Clothing Management at the London College of Fashion. 'The course covered everything, from learning how to cut patterns to following an item through from making it to marketing it,' says Julie. 'While I was still in college, I was really fortunate to

> be accepted onto Marks & Spencer's graduate scheme, where I worked in the clothing department. When I graduated two years later, I was offered a job there as a buyer, but it wasn't until 1995 when I switched departments to work in homeware for the first time.'

Since then, Julie has worked as a buyer for a number of well-known high-street companies, including Next and BHS. She was the commercial director for homeware supplier Bliss Home and even opened her own wedding-dress shop before the opportunity to work with Tesco cropped up. 'The offer of relaunching the entire homeware collection for Tesco was too exciting to turn down,' she says. 'We've developed the collection to offer a complete range of stylish and affordable products to all of our customers. We've placed an enormous amount of focus on quality and we have to make sure that we're always improving it, while maintaining value.' THE JULIE REYNOLDS-SMITH PHILOSOPHY 'Your home is an extension of you. Like the clothes you wear, it's what you stand for and what you believe in, so

make it really personal and fill it with the

things that you love.'





60-SECOND BIOGRAPHY

Iulie was born in Watford, Hertfordshire. in 1971. In 1993, she graduated from the London College of Fashion with a BA in Clothing Management. Julie's first job was as a clothing buyer for Marks & Spencer. She later moved within the company to work in the bed and bath department. In 1996, she joined Next's

homeware team.

She then worked as commercial director at Bliss Home before opening her own bridal shop in 2003 in St Albans, Hertfordshire. She returned to interiors to work for BHS for two years, before joining Tesco as head of home in 2013. She now lives in Hertfordshire with her husband. Richard, and their daughters, Lauren, 15. and Issie. 11.

FEATURE GINEVRA BENEDETTI







Steal her style SOFT PASTELS

Give your home a refresh with Julie's mid-century-inspired colour palette

USE THEM to add subtle colour to a striking monochrome scheme. MIX THEM with

white-painted furniture to update a pared-back, Scandi-style look.

TRY THEM together on adjacent walls or in separate blocks of colour on one wall to create a contemporary feature.

Disraeli Green Hardworking Emulsion, £39 for 2.5ltr, **National Trust** collection, Fired Earth

Camilla, £27.72 for 2.5ltr, Albany range, Designerpaint

Mole's Breath Estate Emulsion, £36 for 2.5ltr, Farrow & Ball

3 of the best **POUFFES**



Touch of tribal The perfect addition to a neutral scheme Tribal-print pouffe, Marks & Spencer



Sweet seat A pretty design by Nina Campbell Mia pouffe, Leila range, Made.com



Cosy knit Use as a footstool or as a seat Pink knitted round pouffe, Habitat





 $Two\ tone$

A subtle design

for a gentle scent

Scent One white diffuser

set, £38, Kelly Hoppen

Preston range. The ceramic collections, Relief and

Charade, feature embossed and raised effects on

smooth ceramic, while Marcel Wanders' Illusions

wallpaper for Graham & Brown includes trompe

l'oeil effects of carved stone and subtle patterns.



AT HOME...



CASH CLEVER Decorator

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Create a classic Christmas scheme with wooden decorations, evergreen displays and sprigs of berries

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Get a relaxed, natural look by

decorating the dining table with berries and fresh foliage

IDEAL V GREAT DEAL

Get the look whatever your budget



screen print Illustrated letter L unframed print (30cm x 40cm). Bold & Noble

To the letter Choose from two patterns Alphabet unframed A4 print. Papio Press range, Noton

thehighstreet.com



Mini tree and crac John Lewis	
Wooden Advent of The Contemporary	,
Miniature light-up	
Red berry garland	
Tumbler, Zara Home	£5.99
TOTAL	£134.99



FIND ALL THE DETAILS

DECORATION AND FURNITURE Walls **painted** in Chateau Grey matt emulsion, £38 for 2.5ltr, Sanderson. Oak natural planks flooring, £22.49 per sq m, Rustic range, Quick-Step. Mississippirug with herringbone border in Cherry (2sq m), £399, Crucial Trading. Empire **table**, £959, Scumble Goosie. Natural oak chairs, £230 each, Suffolk range; glazed 4ft dresser, £2,150, Henley range; all Neptune. Padang sideboard, £1,495, Lombok Nordman 7ft Christmas tree, £51.99, Kingswood Christmas Trees. ON WALL Unframed alphabet prints, £35 each, Bold & Noble. Picture **frames** (34cm x 44cm), £7 each, B&Q. **ON TABLE** Linen hemstitched **tablecloth**, from £72; hemmed linen **napkins**, \mathfrak{L} 14 each; all The Linen Press. Linen **dinner plate**, \mathfrak{L} 216 for a 16-piece set; Relish cutlery, £70 for a 16-piece set; Merlot wine glasses, £26 for four; Champagne flutes, £24 for six; all Denby. Red Calico side plates, £9.50 each, Burleigh. Dessertspoons, £12 each, Swanky Maison. Red glasses (used as tealight holders) £16.50 each, Pentreath & Hall. 12 Days of Christmas crackers, £20 for 12; mini **potted trees**, £6 each; all John Lewis. Heather pots wrapped in **hessian**, £4 per m, The Wedding of My Dreams range, Notonthehighstreet.com; Cranberry Stripe **ribbon**, £5 for 10m, Jane Means. ON CHAIRS Cushion covers made in Grain Stripe Peony, £39.50 per m, Ian Mankin. Berry sprigs (cut from berry garland), £8, Hobbycraft. Fabric birds, £5 each,

houses, £45, BHS. Chardonnay wine glasses, £39 for six; Linen cereal bowls, £9 each; for similar wine glasses, try the Bormiloli, £18 for four; all Denby. Christmas cards, from a selection, Paperchase and Tesco Direct. Delamere Rural teacups and saucers, £16 each; side plates, £7.50 each; all Spode range, John Lewis. Red Calico **jugs**, from £16.50 each; sugar bowls, from £10 each; mugs, £15 each; all Burleigh. Vintage-style tableware, £35 for a 12-piece set, Sainsbury's Perigord water glasses, £45 for six, Pentreath & Hall. Vintage dessertspoons, £26 for six, RE. Robin decoration, £6, Next. Countdown to Christmas ${\it chalkboard}$, £11.50, 1st Unique Gifts range; tiny elf **stocking** (on gift), £3.50, Karen Hilton Designs range: both Swanky Maison. ON SIDEBOARD Wooden Advent calendar, £50; plaid ribbon, £7 for 9m; both Gisela Graham range, The Contemporary Home. Large round vase, £17.50; small red baubles, £15.50 for 24; all Cox & Cox. Brown Kraft paper, £3 for 5m, Paperchase. Red grosgrain ribbon, 80p per m, Jane Means. Christmas cards, from a selection, BHS and Paperchase. Tealight holders, £44.95 for six, Retreat. ON/BELOW TREE Candle tree lights, £40 for 30, Cox & Cox. Check robin, £6, Next. Decorations, from a selection, Aspen & Brown, Dobbies Garden Centres, John Lewis, Sainsbury's, Tesco Direct and The Contemporary Home. Kraft paper; plaid ribbon; red grosgrain ribbon; all as before

LOVE THE LOOK

Stick to natural textures, such as wooden flooring and linen napkins, and wrap gifts in brown kraft paper and red ribbon for a traditional look

For more moodboards turn to page 92

GET THE LOOK IN 3 BUYS

French country

There's nothing shabby about this chic look







Faded florals
The painterly print
looks beautifully worn
Grove armchair, Marks & Spencer





STYLE STATEMENT Created in 1925, this classic is still so chic Louis Poulsen PH 4/3 pendant light, Nest GO RETRO
Perfect for adding vintage
style to a kitchen-diner
Seval metal ceiling

Seval metal ceiling light, Tesco Direct

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THE PROPERTY

A mid-terrace, three-bedroom, late-Victorian worker's cottage in Elstree, Hertfordshire, bought in June 2012.

WHAT IT COST

Building work	£12,500
Kitchen	£5,000
Bathroom	£5,000
Carpentry	£2,000
Decorating and furnitu	re£8,000
TOTAL	£32,500

WHO LIVES HERE

Sally Underwood and her fiancé, Nick Scott. Sally works in Parliament and Nick is a lawyer.

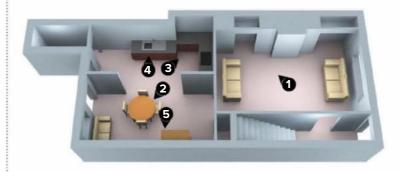
THE LOOK

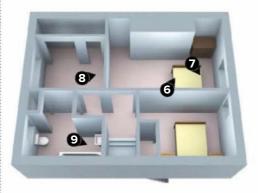
Elegant country, with white walls, white-painted furniture, elegant mirrors and pastel accents keeping spaces light and bright.



LESSONS LEARNED

🌃 We stripped and repainted a lot of second-hand furniture. It's a great way to get the look you want without overspending.





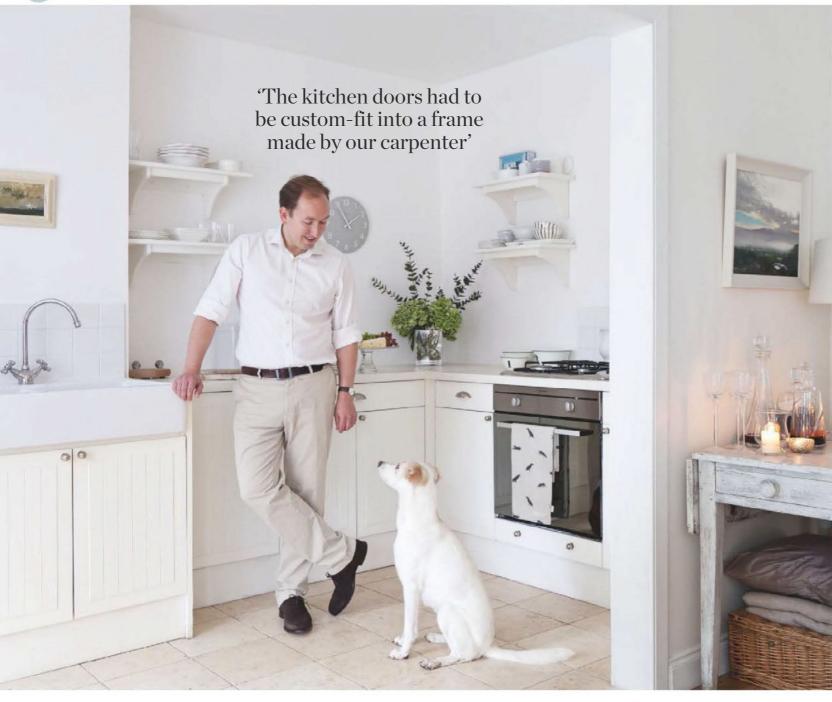
▲ GROUND FLOOR The living room is at the front of the house. The dining room leads through to the kitchen and utility room at the back

■ FIRST FLOOR There are two bedrooms to the right of the stairs, and a bathroom and a dressing room on the left









ally Underwood has always had a passion for interiors and has enjoyed making her mark on all the homes she has lived in with her fiancé Nick Scott. 'When Nick and I rented a tiny student flat near Regent's Park in London, I designed window seats and wallpapered everywhere,' she says. 'I remember saving up to go on shopping sprees at Heal's and the incredible interiors department at Liberty. I'd buy a metre of Designers Guild fabric at a time to make covers for scatter cushions.'

After eight years of renting a small flat in Fitzrovia, Sally and Nick decided it was the right time to invest in a property of their own. 'Having lived in very cramped quarters in London, where we both have relatively intense jobs, we made the decision to move away and enjoy life in the countryside with our rescue dogs, Tinker and Rascal, near to where I grew up in Hertfordshire,' says Sally. The couple rented a

two-bedroom house in Radlett, near St Albans, to use as a base for their property search. Just two months down the line, they found their dream home – a three-bedroom Victorian worker's cottage in the village of Elstree. As there was no chain, the couple were able to move in five weeks later.

'We'd been living in small spaces for so long that I couldn't wait to begin furnishing and enjoying having a spacious home,' says Sally. 'The cottage had been rented out for 10 years and was empty for eight months, so it was very unloved, but we instantly fell for its charm and the view of horses in the adjoining fields. The property came with all sorts of land access and backs on to a livery yard, with plenty of open space and fields, which is great for walking the dogs.'

It wasn't all positive, though. 'The kitchen was like a dumping ground,' says Sally. 'It had three disused washing machines, a chest freezer and old carpet that was riddled with damp.' The clinical bathroom ->

3 Kitchen

Tongue-and-groove unit doors, open shelving and limestone flooring give the kitchen country style Metod Maximera units, from £79 for a W600mm base unit, Ikea; painted in Wimborne White Estate Eggshell, £51 for 2.5ltr, Farrow & Ball, Molise Morning landscape oil painting by Brian De La Cour; find similar pieces at Artists & Illustrators





An array of candles and some stunning glass decanters set the scene for cosy winter evenings



Sally gave the secondhand dresser a distressed look. She uses it to display cards, trinkets and tableware

Farmhouse solid oak flooring, £77.99 per sq m, Wickes. For a similar second-hand farmhouse dresser, try eBay



Kitchen sink simple splashback of

A simple splashback of white glazed tiles frames the large Belfast sink

Architecture white gloss tiles, £39.65 per sq m, Fired Earth. For a similar tap, try the Edsvik, £50, Ikea. For a similar basket, try the Bahima, from £29.95, Nkuku. For a similar vase, try the mixed bouquet, £38, LSA International range, Occa-Home



Go country Choose a Belfast sink

A Belfast is the style of sink that was traditionally found in a butler's pantry. The deep, rectangular ceramic

deep, rectangular ceramic design is still popular today in country-style kitchens.

- Franke Find simple, minimalist ceramic Belfast sinks in both single and double-bowl versions at franke.com.
- Rangemaster The double-bowl Belfast with a glossy fire-clay ceramic finish is ideal for washing large pots and pans. Visit rangemaster.co.uk.
- Shaws of Darwen

Clean, contemporary styling and traditional hand-crafted methods are brought together to form the Classic collection. See the range at shawsofdarwen.com.



3 of the best

MERCURY-GLASS

ACCESSORIES

Soft sparkle A pretty faux bloom in a glass tumbler Faux rose in mercury glass, Marks & Spencer

£45

Illuminate your bedside with this glass lamp with silk-effect shade Camellia table lamp, Very





£15 'The light is fantastic, we get incredible sunsets and we are surrounded by nature' dimensions and I'm not great at maths, but we had

£15

Light touch Put this candle and glass cloche in the middle of a table Medium mercury winter cloche candle, Sainsbury's

6 Main bedroom

White-painted furniture and white walls continue the calming mood into the bedroom. Sally painted the cast-iron fireplace to help it blend in with the scheme Rosemore throw in Soft Grey, £120, The White Company. For a similar dressing table mirror, try

the cream-footed oval.

£30, Laura Ashley

wasn't much better. 'Nick said it reminded him of the cold shower cubicles at boarding school,' says Sally.

The couple's first challenge was to open up the cottage's ground floor by removing the wall between the kitchen and utility room. The property had previously been extended with an outbuilding attached to the kitchen. Sally and Nick replaced the roof of this extension and turned the room into a pantry, before turning their attention to the kitchen.

They found the website ratedpeople.com useful for getting quotes from local tradesmen to complete the building work and carpentry. We used the same team to fit the kitchen, as we were really pleased with the finish of their work and they were very reasonable,' says Sally. 'As the building work was done in July, we spent a lot of evenings in the garden eating Chinese takeaways, while the back of the house was a concrete shell. I designed the kitchen, which wasn't an easy task, as we were working with difficult

a very clear idea of what we wanted it to look like.'

All the decorating and furnishing was done on a strict budget, and the kitchen units and worktops came from Ikea. 'I wanted a tongue-and-groove design for the unit doors and Ikea was the only place I could find them,' says Sally. 'The doors had to be custom-fit into a frame made by our carpenter, so that we got the design we wanted in a way that worked in the space.'

The couple moved the washer-dryer to a utility cupboard created in the alcove beneath the stairs. Sally found the wall and floor tiles for the kitchen, which were also used in the bathroom, in Fired Earth. 'Magda Freedman at the showroom was wonderful and we spent many hours with her selecting the right limestone tiles for the floors,' says Sally.

A love of antiques has led Sally to upcycle pieces of Victorian furniture bought in junk shops and on eBay. 'We spent a total of £850 on all the furniture in the \Rightarrow







8 Dressing room A white-painted console

stands out against the duck-egg blue wallpaper. **Built-in wardrobes** provide ample storage End wallpaper in Sky Blue, £57 per roll, Intaglio

collection, Zoffany. For a similar console, try the Baron, £539, Maison range, Occa-Home

② Bathroom

£15, Plum & Ashby

The bathroom tiles are the same as the splashback in the kitchen California wall mirror in grey, £79, Brissi. All The Breeds make-up bag,

dining room,' she says. 'When we went to the south coast to collect the dining table from the sellers, we got on so well they invited us to stay for dinner!'

Sally and Nick have created a feeling of calm throughout the house by painting walls white and adding soft accents in dusky pink and chalky blue. 'Our main priority was to create a sense of space and light while still making it feel homely,' says Sally.

The couple got stuck in with decorating, painting walls in their spare time. 'I'd say it's best to try to do everything in one go rather than concentrating on a room at a time,' says Sally. 'The tiles in the living room fireplace were in poor condition, so I plastered over them and tiled the hearth.' Sally also painted the Victorian cast-iron fireplace in the main bedroom white to tie it in with the soothing, pale scheme.

White-painted furniture and storage give the overall look timeless country style and mirrors have been used all around the cottage to make the rooms appear bigger and brighter. Sally has added colour and interest with artwork of landscapes. I love moody paintings of nature with atmospheric skies,' she says.

The couple couldn't be happier with the outcome of their decision to move to the countryside. 'As much as we love London, when you live in the centre of it, you never really switch off,' says Sally. 'Here, it's so easy to relax. The light is fantastic, we get the most incredible sunsets and we are surrounded by nature.'





Stick to an all-white palette to create a magical wintry table For a similar cake stand, try the 33cm, £11.99, Mary Berry range, Lakeland

FOCUS ON Classic decorations

Antique-effect tealights and candlesticks, clearglass baubles and plain white linens, china and table decorations give Sally and Nick's house timeless appeal at Christmas. Create the same magical look with sparkling tree decorations, silver candlesticks and ornaments, and shimmering crystal glassware.

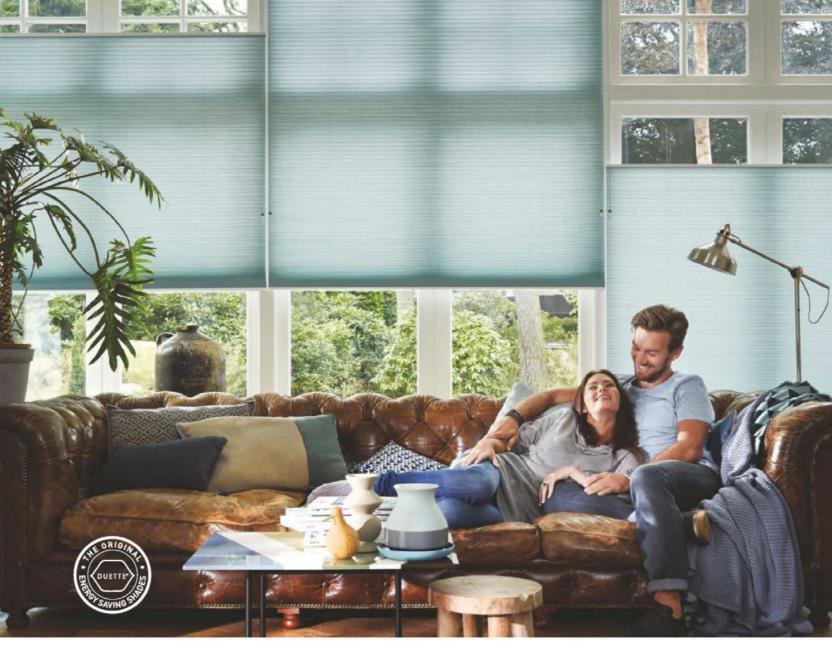
■ Adorn the mantel

Clusters of metallic and glass objects make an elegant, classic display on a mantel. Group together mismatched antique-look candlesticks, ribbed-glass tealights, vintage-style bud vases filled with white roses and a couple of shabby-chic picture frames to create a relaxed arrangement. As a finishing touch, carefully wind a string of warm white fairy lights in and out of all the objects to give them a subtle festive glow.

Dress the tree It can be tempting to hang all the decorations you've gathered over the years on the tree, but it might not have the most sophisticated result. Instead, experiment with a limited colour palette. A mix of gold or silver and clear-glass baubles with white-painted wooden decorations creates a classic wintry look. Tiny LED lights scattered among the branches will add a starry effect, and if you yearn for a touch of kitsch, finish the tree with a dusting of fake snow.

■ Glam up the table

Give your dining table winter-wonderland style. Start with a white tablecloth, then add rolled white napkins, glass serving dishes, white china, a stylish candelabra and lots of ceramic candle holders. Your glassware will twinkle all the more when the table is sprinkled with metallic confetti.



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Great deal WHITE LIGHT This shorter alternative comes in a range of sizes Ersätta block candle holder (H21cm), Ikea

Get Sally's look





EASTERN ELEGANCE Silver accessories will elevate your scheme Large Hammered bowl, Multiyork



Use to display a selection of tealights on your table Aluminium dish, Oriental Lounge range, Butlers



Last-minute CHRISTMAS

VIdeal

BEST IN SHOW

Bertie the terrier on

the front, ticking

stripes on the back

Bertie Ticking cushion,

Plum & Ashby

Dress a statement mirror with a pre-lit garland and a sprig of mistletoe for a rustic festive glow Great deal
LOOKING GLASS
This bevelled-edge design
has an Art Deco feel
Silver beaded
mirror The Pange

£1,460

£38

mirror, The Range

▲ Ideal

DINE IN STYLE A sturdy design with a beautiful elm top

Grey-wash elm table (diameter 151cm), Sweetpea & Willow

ASK SALLY

WHAT DO YOU LOVE MOST ABOUT YOUR

HOME? 'The views of horses grazing in the fields. We watched a foal take its first steps the other day, which was wonderful.'

■ WHAT'S YOURFAVOURITE HOMES BUY?

'I love collecting silverware – my favourite pieces are a Georgian cruet set and a 19th-century christening cup that I picked up at the Mill Hill Antiques Fair.'

WHAT'S YOUR FAVOURITE INTERIORS

SHOP? 'We love to shop at Heal's, The White Company, Brissi and Neptune. The homeware department at Liberty is fabulous, too.'

WHAT'S YOUR DECORATING SECRET?

'If you decorate all your rooms white, but also want the enjoyment of having dogs and a thriving family life, a compromise has to be made somewhere. Ours was to invest in a wet-and-dry vacuum cleaner and a steam mop!'

FEATURE LISA FAZZANI MAIN PHOTOGRAPH FIONA WALKER-ARNOTT



This bleached-wood pedestal table extends from a circle to an oval Presto table (diameter 140cm), Loaf

Great deal
TOP DOG
Take style notes
from this welldressed pooch
Ned The Dog
cushion, Dickins
& Jones range,
House of Fraser



£30

£575



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Carringham range from Harveys.

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Boutique-hotel style was our inspiration'

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BOUGHT FOR

£712,000 £144,000 £900,000

NOW WORTH



THE PROPERTY

A four-bedroom, Victorian, detached house in Puddington, Cheshire, bought in December 2010.

WHAT IT COST

Extension and kitchen	£110,000
Bathrooms	£20,000
Furniture and carpets.	£14,000
TOTAL	£144,000

WHO LIVES HERE

Gemma and Julian Richmond, with children, Amelia, 11, Max, eight, and Tom, six. Gemma is an interior-design consultant and Julian is a managing director of a marketing agency.

THE LOOK

Contemporary yet classic, with a cool palette of grey and white, some splashes of colour with accessories, and designer furniture teamed with high-street pieces.

LESSONS LEARNED

66 If you have a house full of children, including good storage is essential. I designed five cupboards to go in the hall, so that each member of the family could have their own cupboard for bags, shoes, jackets, the lot. It's fantastic to have an uncluttered hall. "



■ GROUND FLOOR

The hall heads into the kitchen-diner, which in turn leads to a study, a shower room, a utility room, a snug and a playroom at the front of the house, an informal living room at the end of the property and the formal living room overlooking the garden



FIRST FLOOR ▶

Stairs from the informal living room lead up to the boys' bedroom with the family bathroom opposite. The main bedroom with en suite is further up the corridor at the back of the house. Amelia's room with en-suite bathroom and a guest room are above the playroom and study







'Keeping neutral paint colours throughout makes the place look bigger, as the rooms aren't huge'





6 Informal living room

Warmth has been added to this room with richcoloured leather furniture, while subtle Christmas decorations give it a stylishly festive feel

For a similar armchair, try the Havana, £1,529, Raft. For a similar ottoman, try the buttoned square footstool in Old English Dark Brown leather, £559, Footstools And More. For similar silver baubles, try the Graduation, £4 each, Croft Collection range, John Lewis

from unattractive yellow pine and had rusty hinges. 'I could see the place would need a lot of work to create the modern yet classic look I wanted,' says Gemma. 'There was lots of Seventies peachy-terracotta paint, the extension at the rear was rotting and had a really dirty plastic roof, and as we were looking at the family bathroom, the bath panel fell off. The kitchen was small and ugly, with pine cupboards, a brown Aga, a brown plastic sink and laminate worktops. In fact, it was just a mass of orangey-yellow wood everywhere - floor, cupboards, faux-wooden worktops and table.'

The family moved in just six days before Christmas and the freezing weather prompted them to replace the single-glazed windows with double glazing. 'We kept the existing frames, as they were sound,' says Gemma. 'We also did some minor repair work to the roof, chimney stack and guttering.'

The couple had the whole interior repainted in neutral shades of grey and off-white, then added carefully chosen investment items of furniture and then less-costly accessories to create a boutique-hotel feel. 'It's amazing what a difference a coat of paint can make,' says Gemma, who is a part-time interior designer (gem@gemcitystyle.com). 'Keeping neutral paint colours throughout makes the place look bigger, as the rooms aren't huge. I also had the original shutters sanded and painted, then had new white shutters made for the snug, kitchen and front-landing windows.'

With the downstairs complete, the bathrooms were next. 'Annoyingly, the family bathroom flooded into my newly decorated living room - I could have cried,' says Gemma. 'So we had it replumbed and refitted, and created a new en-suite bathroom for ourselves at the same time by borrowing a bit of space from our bedroom, plus a bit from the family bathroom, which was unusually long and narrow.'

During the main bathroom reburbishment, the builders found three false ceilings that had been put in over the years, all of which were covered in ->



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■ Brissi This is the place to go if you're after elegant accessories and pieces of furniture in an elegant palette of white, beige, grey and metallics. Call 020 7229 2323 or visit brissi.com.

■ The French Bedroom Company Find glam,
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and bedroom furniture with
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rococo-style beds to quirky
poodle-shaped lamps and
luxe bed linen. Call 01444
415430 or visit french
bedroomcompany.co.uk.

■Graham and Green

The fashion-led furniture and accessories from this store have a unique hand-picked flavour and range from velvet upholstery to statement mirrors, chandeliers and lamps. Call 020 8987 3700 or visit grahamandgreen.co.uk.



'You need to take your time and live in a new home before rushing in with improvements'



GEntrance hall Gemma has glammed up the space with a silver console table and a striking black mirror For a similar console table, try the Sylvia in silver, £536, The French Bedroom Company. For a similar mirror, try the Campton, £251, The Chandelier & Mirror Company

⊘ Amelia's room Like her mother, Amelia has a flair for design and chose a white and silver theme with hints of red for her room. 'Having a large bed in a child's room is a great idea, as it can double up as a guest room when needed,' says Gemma Kiss wallpaper, £17.95 per roll, Galerie range, Wallpaperdirect. For a similar bed, try the Provencal, from £1,345, The French Bedroom Company. White Christmas tree. £9: 20 battery berry lights, £8; all Paperchase



 Main bedroom Soothing shades of grey and off-white were used to create a tranquil feel, with plenty of throws for comfort. Gemma also included touches of silver to add interest

Silver sequin wreath, £16, Paperchase. Gold and silver garland, £27.99, Gisela Graham. For a similar headboard, try the Atlas, £950, Heal's. For a similar green throw, try the Roma in Catkin, from £59, John Lewis old-fashioned wallpaper. 'We had them all removed and now the bathroom ceiling is back where it was originally, and is far more in keeping with the rest of the house,' says Gemma.

The family lived in their newly decorated home for a couple of years, then 16 months ago they decided to tackle the dated kitchen that sat in the middle of the house. It was a really dark room, so we relocated it to the back of the house to get more light and so we could see the children when they were in the garden,' explains Gemma. 'We then turned the old kitchen into a playroom with bright new spotlights.'

The couple demolished an old conservatory and hired CWJ Developments (0800 243 577; cwj developments.co.uk) to build a brick and rendered extension across the back of the house, with the kitchen at one end and a dining area at the other. 'The space in the new kitchen-diner and the views of the surrounding countryside are amazing,' says Gemma. 'One of the reasons we created such a large

open-plan space was because we love entertaining. The glass bifolding doors open out onto the garden, so parties are always wonderful whatever the weather.'

Over the length of the renovation project, Gemma learnt an important lesson. 'I think you need to take your time and live in a new home before rushing in with improvements,' she says. 'We waited two years before redoing the kitchen. Before that I would have just replaced the original kitchen and not gone for the extension, which would have been a terrible mistake.'

When it comes to the interior style of the house, Gemma has a philosophy. 'I try to dress my house the same way I dress myself,' she explains. 'I start with really good key pieces - for myself, it would be a good winter coat, boots and bag teamed with high-street clothing. For the kitchen, it would be some investment purchases, such as the designer table and chairs and the statement sofa, accessoried with as many cheaper, more eclectic pieces as you like. Mixing high street with high end is a really successful combo.' III



FOCUS ON Artificial Christmas trees

If you don't like the mess of a real tree or you prefer a more modern look that will last, then go for a faux tree that you can use year after year.

Fake your fir

For a tree that can pass for the real thing, choose one with a PVC trunk and branches with moulded polyethylene tips to give a realistic bushy effect. Consider pre-lit options, which will save you from having to untangle and hang the fairy lights each year.

■ Make a statement

Ditch the green and go coloured for a striking look. Black, silver or white are the most commonly bought, but bolder options, such as turquoise, are also available.

🍱 Take a stand

A good stand will ensure that your tree won't topple or lean to one side, even if heavy ornaments are added to it. Go for sturdy metal if possible, as plastic can be too flimsy, with rubber feet to protect the floor.





• Family bathroom All the bathroom fittings were chosen for their

simple design and storage capabilities. 'I wanted to be able to put everything away,' says Gemma

For similar bath tiles, try the Oxbow, £49.95 per sq m, Castleford range, Fired Earth. Pool acrylic bath, £129; Soho close-coupled loo with seat, £315; Mino 600 vanity unit and basin, £289; all Bathstore



Get Gemma's look

Bring a grey and cream colour scheme to life with











Take the 60-SECOND TOUR

BOUGHT FOR

£370,000

£51,500

NOW WORTH

£775,000

THE PROPERTY

A five-bedroom, Victorian semi in Wallington, south London. The owners bought it in July 2006.

WHAT IT COST

Building work	£40,000
Kitchen	83,000
Bathroom	£2,000
New boiler	£1,500
TOTAL	£51.500

WHO LIVES HERE

Becki and Kieron Ash, with their children, Bailey, five, and Isla, three, their dog, Kai, and cat, Teddy. Becki and Kieron run an agency for photographers, stylists and locations.

THE LOOK

Light and airy, with a pastel palette, Scandinavian influences, stripped wooden floors, comfy sofas and contemporary furniture.



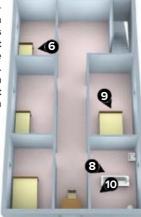
LESSONS LEARNED

66 If you're confident with your plans for an extension, you may not need an architect. A draughtsman can do plans for the planning department for a fraction of the cost. "



FIRST FLOOR ▶ Isla's bedroom faces the stairs with Bailey's next to it and a spare

bedroom beyond. The main bedroom is next to the bathroom



▲ GROUND FLOOR

The living room is to the right of the hallway, while the dining room is straight ahead. At the back of the house is the open-plan kitchen/living room and a room that is going to be a utility and shower room



■ BASEMENT There's a guest bedroom and bathroom on this floor, which still need renovating







osting Christmas can be a daunting prospect for some people, but Becki Ash is really looking forward to it now that her home is finally up to the task after years of improvements. 'There'll be the four of us, plus both sets of grandparents, and I can't wait,' says Becki, who lives with husband Kieron and their children, Bailey, five, and Isla, three. 'In the past, we've travelled between family in Cornwall and the Isle of Wight. While we love to go to both places, this year it will be lovely to stay put in our own home.'

After meeting nearly 20 years ago on the Isle of Wight, the couple lived in several rented flats in London's East End. 'When we decided we wanted to buy something, we went to look around Wimbledon as we knew it was a lovely area, but it was too pricey for us,' explains Becki. 'Someone mentioned Carshalton, which is three miles from Wimbledon

but has a lot of the same amenities and is much cheaper. We bought a two-bedroom flat in a former bakery there in 2004 and did it up ourselves before progressing to this property.'

When Becki and Kieron first found their house, they went to scope out its kerb appeal before making an appointment for a viewing. 'We liked the street and the area, so we went for a proper viewing the next day,' recalls Becki. 'Although it was tired and dated, as soon as we saw the period features and the space, that was it.'

Moving from a small flat to this larger property was a big change for the couple, and the amount of work it needed was rather intimidating. 'Having made a massive leap up, we knew we'd have to save up and do things slowly,' says Becki. 'We'd also set up our business, Oak Management (oakmanagement.co.uk), earlier that year, so we had a lot on our plates already.'

The couple started transforming their house gradually. 'We used literally 100ltr of Dulux's Pure →

3 Kitchen

Although the couple added a new extension to create a larger kitchen, they kept the old lkea units that Becki had put in years ago and updated them by adding block worktops to the ends of the runs

For similar units, try the Metod, £60 for a W600mm base unit; Karlby worktop in oak, £80 for 1.86m; all lkea. Shaker peg rail, from £34.38 for 120cm, Jali



Shop for cool clocks

Keep time in style with a statement timepiece

From a small modern desk alarm to an antique grandfather masterpiece, a well-chosen clock can be the perfect decorative accent.

■Invest in an antique Original grandfather, lantern, wall and mantel clocks bring an authentic sense of history to a room. Kembery Antique

Clocks (0117 956 5281; kdclocks.co.uk) is a family business that stocks affordable, fully working antique clocks, all sold with a one-year guarantee.

M Go retro For designs from the Twenties to the Seventies, try Newgate Clocks (01691 679994; newgateclocks.com)

which sells wall, mantel and alarm clocks to suit traditional and modern homes.

■Stick to modern

Contemporary clocks instantly update a room. Find anything, from gloss-red pendulums to laser-cut aluminium wall clocks, at Jazz It Up (01332 762304; jazzitupinteriors.co.uk).



4 Kitchen

The kitchen has a handy island and breakfast bar with space to store stools underneath. 'It's where Bailey and Isla sit most of the time, rather than the more formal dining room,' says Becki, who went for pale floor tiles to keep the room looking bright Limestone Matt Almond floor tiles, £24.99 per sq m, Tile Mountain. For similar mosaic tiles, try the Amar, £160 per sq m, Original Style



Brilliant White matt emulsion to paint the whole house and Kieron sanded all the floorboards, so we could let the property out as a photo-shoot location,' says Becki. 'We ran our new business from a studio in the garden, which has its own kitchen.'

As priorities changed and their two children came along, Becki and Kieron needed to start turning their house into a proper family home. 'We had a rear extension added and completely reconfigured the downstairs layout,' says Becki. Built over a four-month period at the end of 2013, the large extension has opened the kitchen right up and allowed the room next to the kitchen to take up its proper place as a dining room. 'We initially did the kitchen back in 2008 and the room next to it became a playroom, although it was never hugely suitable, as there was a wall between the two rooms and you had to keep rushing back and forth, checking on the children,' explains Becki. 'So we saved up and took the plunge

last year. We had spent a long time planning it and we knew what we wanted so we didn't use an architect, just a draughtsman to put the plans together.'

When it came to working out how large an extension they could have, the couple were helped by the fact that there was a conservatory at the end of the kitchen and a Victorian outside loo beyond that. 'The old loo was cute but not practical and the conservatory was horrible, freezing in winter and boiling in summer, so the whole lot came down,' says Becki. 'Although we've gone out 5m from the house, we were allowed to take the loo as part of the original footprint of the house, which gave us extra space, although we had to come in again slightly on the other side and reuse original bricks from the outbuilding in the construction of the extension, which was fine with us.'

Kieron's DIY skills also saved them time and money. Having trained in cabinetry and set building, he was a valuable asset. 'Kieron project-managed ->

5 Dining room

The couple had been using this room as a playroom, but it was rather impractical as they couldn't keep an eye on the children, so they decided to turn it into a dining room and furnished it with the table and chairs they have had for years For a similar dining table, try the Bjursta, £150; Liatorp console table, £140; Strandmon wing chair in Svanby Grey, £195; all Ikea. Jasper dining chairs, £39 each, House by John

Lewis range, John Lewis



6 Isla's room

The tranquil grey-pink colour scheme creates the perfect space for relaxing, while low-level shelving means that Isla can reach her toys and books easily Walls painted in Dove Grey matt emulsion, £30 for 2.5ltr, Laura Ashley. For a similar bed, try the white truckle, from £865, Little Lucy Willow. For a similar rug, try the Ludde, £30, Ikea

7 Hallway

When she first saw the house, Becki loved the imposing stairs, wide hallway and smart panelling, which just needed a coat of paint to update them

Panelling painted in Lamp Room Gray Estate Eggshell, £51 for 2.5ltr. Farrow & Ball. Elka deer, £45, Deer Rabbit Wolf Tiger range, Etsy





'We've never really had the room to do a family Christmas here before, but that's all changed now'





the whole thing and mucked in where necessary. He employed builders as and when he needed them, but he dug the foundations himself with a digger, learning how to do it from YouTube. He worked out that it cost £250 per day to hire a man and a digger, but only £250 a week to hire the digger itself, so he and his father Mike got stuck in one weekend.'

When the extensive building work was finished, the couple were able to decorate in the Scandinavian style they both like, with plenty of pale greys and pastels. 'We've done up all the rooms and we're actually letting the house out as a photo-shoot location again, but as more of a family home this time,' says Becki. 'We still have a couple of projects to do, such as finishing the basement, which was previously a cellar but will be converted into a guest suite. We also need to complete the utility and downstairs shower room, which is currently an unfinished rectangular space behind the grey console table in the open-plan living area.'

But for now, Becki is concentrating on festive preparations. There'll be turkey, goose and Christmas pudding on the newly reclaimed dining table this year. 'Kieron loves to do the cooking over the holidays, and we always have a Christmas pudding and a cake made by his mother Mary,' says Becki.

With the dining room, kitchen, huge new living area and a more formal front room where the tree is, there's plenty of space for everyone in the family to spread out, play games, watch television and do whatever they like over the holiday period. 'The children are that bit older and totally understand what it's all about now, so they'll be opening their stockings in their newly decorated bedrooms, which will be really sweet,' says Becki. 'We've never really had the room to do a family Christmas here before, but that's all changed now.' m





FOCUS ON Disguising radiators

While radiators suit a practical purpose, they can often look ugly and present a bit of a design challenge. Check out these options for making your heating look hot.

Conceal it Radiator covers are usually fronted with mesh or latticework, which allow heat to circulate effectively. The design should complement the existing period and architectural details of the room for a cohesive look, so the covers don't stand out too much. A cabinet-maker or carpenter can make bespoke, built-in covers based on your specific needs. Alternatively, for a cheaper option, ready-made covers can be found online or at a DIY or hardware store. As well as disguising a less-than-beautiful radiator, they also double up as useful shelving for decorations.

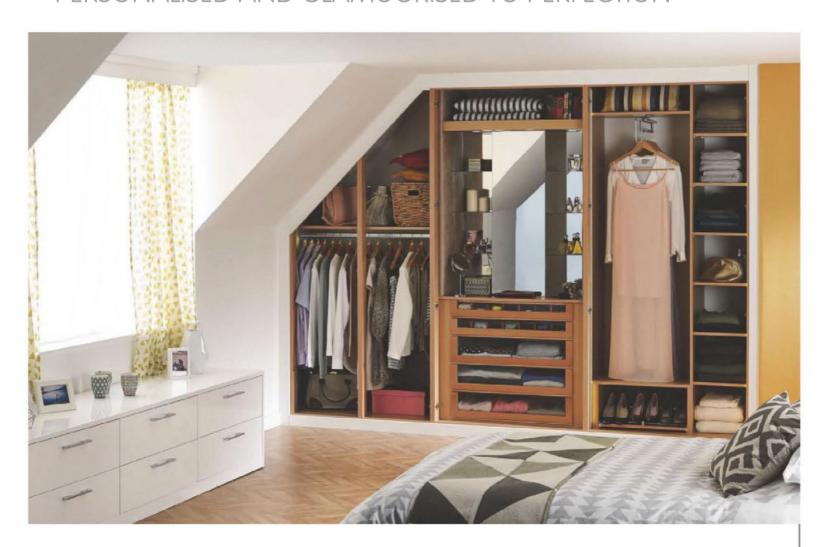
Shelve it A less-permanent option is to put a narrow console table in front of the radiator or hang a shelf above it. Prop up a collection of accessories, such as mirrors, picture frames or candles, as they will deflect attention from the unsightly radiator below. Ensure the bottom of the shelf or console is clear of the radiator, so it doesn't singe the wood.

Paint it A quick, low-cost way to disguise an ugly radiator is to paint it the same colour as the wall behind it. Use a metal primer first, then cover with a solvent-based paint. Once it has been painted, allow it to fully dry before you turn the radiator on.





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Start with these **ELEMENTS**



SIMPLY STYLISH Create calm Engraved Locket matt emulsion. £29.99 for 2.5ltr, Timeless Classics range, Dulux

GOLDEN RULE Cover cushions with luxe velvet Heavenly Jute, £60 per m, Plains collection,

Villa Nova



SOFT TOUCH Put a plush, textured rug underfoot

Rhapsody rug in Ivory (L140cm x W80cm), £99, John Lewis

Get Becki's look

Combine classic, French-inspired pieces in white and grey for an elegant living room

Grand design Display a French-style mirror above the fireplace Ornamental mirror, Next



Love Becki's style?

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ASK BECKI

WHAT'S YOUR FAVOURITE THING IN THE

HOUSE? 'My Ikea corner sofa. It's such a gorgeous blue and fits in with all the pastel tones. It's incredibly comfortable and can fit us all on, so we can snuggle up and watch a film together.'

WHAT'S YOUR **FAVOURITE SHOP AND**

WHY? 'You can't beat TKMaxx. It's so reasonably priced and it has brilliant one-off pieces.'

■ WHAT DO YOU LIKE MOST ABOUT YOUR

HOME? 'The original features, such as the high ceilings, cornicing, ceiling roses, banisters and old glass in the front door. We've always been period-property fans.'



£250

Timeless classic This double bed frame will never lose its appeal Radcliffe bedstead, Next

style rustic touch White berry vreath Marks

Fine knit A lamb's wool throw with a hit of yellow

Aged effect The antique-brass finish of the base contrasts with its glass details Antique brass lamp

in Warm Grey, Wilko £30

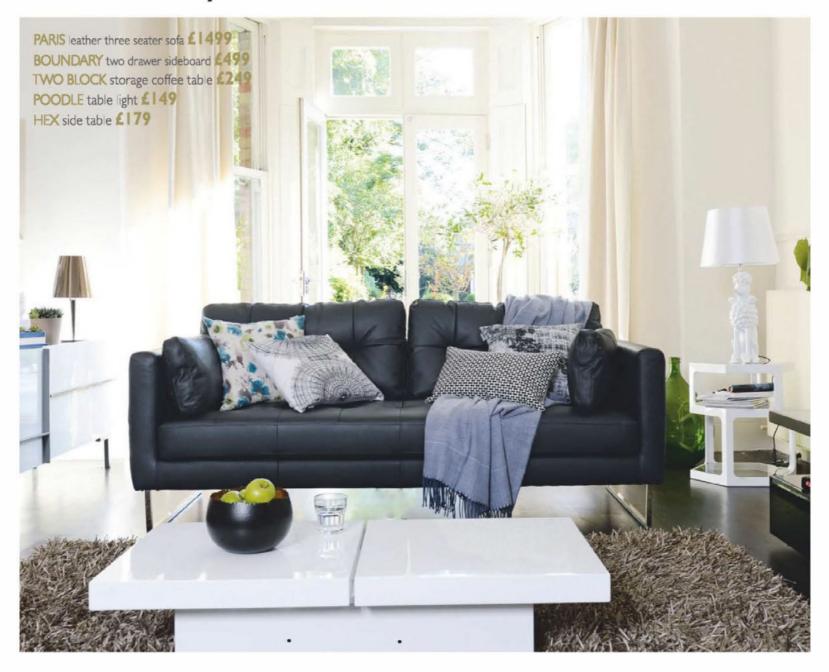
£7.50 Relaxing scent Fill your room with the spicy aroma of clove Clementine and clove candle. Annabel James

£40 Small wonder This petite bedside

table will take up minimal space Hemnes bedside table, Ikea

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£497,000 £103,000 £750,000

THE PROPERTY

A four-bedroom, Edwardian semi in Hove, East Sussex, built in 1910. The owners bought it in January 2013.

WHAT IT COST

Building work	£60,000
Bifold doors and sash	
windows	£10,000
Kitchen	£15,000
Bathrooms	£10,000
Decorating	£8,000
TOTAL	.£103,000

WHO LIVES HERE

Sarah and Matt Warren. Sarah is a freelance digital creative and Matt runs a travel agency.

THE LOOK

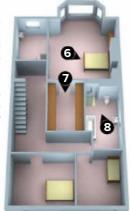
Contemporary style in a period setting, with original Edwardian features standing out against a coastal palette of blues and sandy browns, punctuated with bright colours for a fresh but cosy feel.



LESSONS LEARNED

If you're busy with both of you working, it's time and money well spent to use an interior designer. Ours was brilliant at sourcing products we didn't have time to find. "

FIRST FLOOR ▶ The main bedroom with walk-in wardrobe and en suite are at the front of the house. The landing leads to a bathroom and two guest rooms at the back of the property



▼ SECOND FLOOR The loft bedroom has eaves storage and an unfinished en-suite bathroom





■ GROUND FLOOR The living room is to the left of the hallway, with the office-cumsnug beyond. There's a cloakroom under the stairs, while the kitchen-diner is at the rear of the house

2 Kitchen

'We wanted a modern feel for the units but with references to the traditional, so we chose charcoal-grey wood effect with cream rather than a stark white,' says Sarah Elba units in Smoke Oak; island in GL4000 handleless in high gloss Vanilla; both from a selection, Master Collection range, Keller Kitchens





arah and Matt Warren have two very good reasons to be looking forward to Christmas this year - it will be the first time they've celebrated the festivities as a married couple and it's their first Christmas in their new home in Hove, East Sussex. 'I love festive traditions, such as hanging stockings over the fireplace and running downstairs in our pyjamas to open presents,' says Sarah. 'It's a great excuse to get the family together, too. We'll drink Bucks Fizz for breakfast and eat croissants, then after lunch we'll go for a stroll down to the sea.'

When the couple first saw the Edwardian property they now own, the elegant exterior looked promising, but it was in a sorry state inside. The previous owners had converted the building back from being an office and two flats, but hadn't finished the project properly. However, Sarah and Matt weren't put off by the prospective work. 'The rooms were big, the ceilings were high, the loft space was enormous and we liked the idea of having a blank canvas to work with,' says Sarah. 'We put in an offer almost straightaway.'

The Warrens moved into a rented flat around the corner and talked to a building surveyor about their ideas. Keen to open up the house, they decided to remove the wall between a reception room and a dark dining room to create an open-plan living room and office-cum-snug, and they knocked through the kitchen and another reception room for a kitchen-diner.

Upstairs, they wanted to use space in the main bedroom to create an en suite and convert the loft into a fourth bedroom. However, there were three key items on their wish list that they were desperate ->





Shop for shelving

Find storage to suit your needs

Buy off the peg For a limited budget, ready-made, modular shelves, such as Ikea's Billy range (ikea.co.uk). are the ideal choice.

■ Go made to measure

Get shelves designed to fit a space exactly. Try Jali, which has software to create a design to your specifications. The MDF pieces are then cut to size and delivered ready for you to assemble, fit and paint. Visit jali.co.uk.

■Hire a carpenter

Have your shelving custom made to fit your space exactly. Find reputable carpenters at ratedpeople.com and get a few quotes and breakdowns of materials before hiring.





to include: 'We wanted to have a walk-in-wardrobe in our bedroom, to increase the size of the family bathroom and have a larder-cum-utility room off the kitchen,' explains Sarah.

The couple had already thought that sacrificing the second bedroom by splitting it in two would be an ideal way to create the wardrobe and extend the bathroom. However, when they talked it through with the surveyor and the builder, there was a problem with a load-bearing structural wall. Help came their way with interior designer Emma Capron from Bean Interior Architectural Design (01273 382335; beaninteriors.co.uk). 'When chatting with Emma, we realised she had a good architectural eye, so she worked with the surveyor and suggested moving the doorway for the wardrobe to a position that hadn't previously been thought viable,' says Sarah.

The building work was completed over seven months and then the couple got to work on the décor. They decided to go for soft greys and bluey greens, with warm browns bringing hints of the beach in. 'We wanted a watered-down, windswept coastal scheme to form a modern backdrop without drawing

attention away from the house's original features,' says Sarah. 'We then expressed our personalities and added some stronger colours to the rooms with soft furnishings and artwork.'

A key element in melding the modern with the traditional is the paint used in the hallway, landing and en suite. 'A pale aqua, it's like the pastel colours that the Edwardians painted their rooms in,' says Sarah. 'It also has a soft beachy look, so it's perfect as a balance between the old and the new.'

Sarah was mindful of this in other parts of the house, too. The larder-cum-utility room door is in a period style, while the colour used for the island, kitchen cabinets and worktop is a classic cream rather than modern white. Shutters have been fitted at many of the windows and original black radiators have been restored in the main bedroom.

Sarah and Matt have been living in their new home for nearly a year now and they're appreciating having lots of space ready for Christmas entertaining. 'It's fantastic having a big kitchen-diner and enough room for everyone to stay,' says Sarah. 'We're really pleased with how our house has turned out.' III

6 Main bedroom

'The original radiator that we had restored inspired the look for this room and it works well with the prints we wanted to put up,' says Sarah Le Baiser de l'Hotel de Ville framed print (80cm x 60cm), £74.99, AllPosters.co.uk. For similar table lamps, try the chrome and blue grey glass, £48 for two, Tesco Direct

Wardrobe

'I really wanted to have walk-in-wardobe and luckily our designer was able to make it work,' says Sarah. 'I've already forgotten what it's like to have a wardrobe cluttering up space in the bedroom' For a similar carpet try the Canberra twist in Mocha. £15.99per sq m, Carpetright



FEATURE JANE CRITTENDEN STYLING MAXINE BRADY PHOTOGRAPHS JAMES FRENCH BOX COPY LISA FAZZANI PLANS PERSONA-ID











Children discover the world with their mouth...

Ariel PODS - Always keep them away from children.









Get Sarah's look



Love Sarah's style?

Make a modern kitchen-diner sparkle with notes of frosty silver, bright white and soft metallics

FOR WHERE TO BUY ITEMS SHOWN, TURN TO OUR SHOPPING DIRECTORY



Cool chrome

Try a row of three above a dining table or island unit Pluto 1 metal pendant light, B&Q



1

Star buy
These metal stars are said
to bring good luck

Medium Amish barn star, Lovestruck Interiors



ASK SARAH

WHAT DO YOU LOVE MOST ABOUT YOUR

HOME? 'Having a spacious kitchen to entertain in and enough space for our friends to stay over.'

■ DESCRIBE YOUR STYLEIN FIVE WORDS:

'Contemporary, relaxed, modern, vintage, homely.'

WHAT'S YOUR FAVOURITE LOCAL INTERIORS SHOP AND

WHY? 'Three Angels Interiors on Hove Street in Hove. It's full of interesting antique and vintage finds, and is beautifully presented.'

WHAT INSPIRED YOUR DECORATING STYLE?

'The colours and textures of the sand dunes I used to live near when I was a child.' FEATURE LISA FAZZANI MAIN PHOTOGRAPHS JAMES FRENCH

Touch of frost These glass votives

look stunning when lit Frosted candle votives, Alison At Home

£39.50 for three

£695

Winter whites Put on a faux show

Put on a faux show Rose and snowberries in vase, Peony range, John Lewis £45

Crowd pleaser This sleek dining table is

This sleek dining table is perfect for Christmas lunch

Vince oak dining table (H74cm x W95cm x L200cm), Habitat



Colour story

£69.99

Available in white or a range of bolder colours Eames-style DSW chair, Zazous Christmas tal with a pearl colour schen Luxury cracke Sainsbury's



£10 for six

Silver stands

Available in small, medium and large

Riven taper candle holders, In-Spaces

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Beyour own INTERIOR DESIGNER



If you love the stylish schemes in Ideal Home, but aren't sure how to transform your own

rooms, we're here to help. All great looks start with beautiful and inspiring images, so indulge in a research session with our decorating section, then build a moodboard for your project. We'll show you how on page 92.

For all the inspiration you need, just turn the page...

Isobel

Isobel McKenzie-Price, Editorial Director









FIND INSPIRING MOODBOARDS ONLINE AT housetohome.co.uk/moodboards



WEAVE SOME last-minute magic

Grab some plain fairy lights, evergreen garlands and packs of baubles, add a little inspiration – and you'll be ready to put on a show...

FOR WHERE TO BUY ITEMS SHOWN, TURN TO PAGE 83















THE INSPIRATION YOU NEED Last-minute magic

LOVE IT Armed with the least-expensive, most uninspired-looking plain garlands, basic fairy lights and multipack baubles left in the shops, you can put together decorative set pieces that have a personal touch. Minimal time and money required...

USE IT Get creative and make focal points in key gathering areas: by the living-room mantel and coffee table; the kitchen or dining room table; the hallway, plus in the spare bedroom as a welcome for Christmas visitors.

DO IT YOUR WAY

Repurpose jars, crates, baskets and tableware, raid the garden for evergreen foliage, go mad with a spool of ribbon... and have fun!



Sllver-effect glass baubles, £25 for 18, Marks & Spencer





Find all the details IN THESE PICTURES

FOR WHERE TO BUY ITEMS SHOWN, TURN TO OUR SHOPPING DIRECTORY



HALLWAY DECORATION AND

FURNITURE Wall painted in Ashtead Flat Matt Emulsion, £28 for 2.5ltr, Albany Traditions range, Designerpaint. South Pacific Kiribati carpet, £44.99 per sq m Signature collection, Kersaint Cobb & Company. Norden table, £150, Ikea; painted in Mid Lead Intelligent Eggshell, £51 for 2.5ltr, Little Greene. ON TABLE Numbered boxes, £24.95 for six, Rockett St George. Jelly mould tealight holders, from £8 each; pine-cone candle, £25; mini star-etched hurricane, £10; Bell pillar candle holders, £25 each; Bell candle holder, £25; Dome tealight holders, from £6 each; all The White Company. Whitstable lanterns, £16 each, Tesco Direct Heart decorations, £2.50 each; stars, from £2.99 each; all Dobbies Garden Centres. Bauble and foliage garland, £39.50, Marks & Spencer. Zinc vase, £10.50; wire lights, from £15.50; zinc bucket planter, £29; mercuried glass bowls. £9.50 for three: all Cox & Cox. Owl decoration, £8.50 candles, £11.99 each; all Gisela Graham. Fruit boxes, £22.50 each, Garden Trading. ON WALL Campbell wall lights, £70 each, Croft Collection range, John Lewis. New England mirror, £240,



LIVING ROOM DECORATION AND FURNITURE Walls painted in Dark Lead Absolute Matt Emulsion, £35 for 2.5ltr, Little Greene. South Pacific Kiribati carpet, £44.99 per sq m, Signature collection, Kersaint Cobb & Company. Taj rug, from £75; 7ft silver spruce, £250; both Croft Collection range, John Lewis. Babbington small \mathbf{sofa} (left), from £1,199, Marks & Spencer. Bluebell three-seater \mathbf{sofa} in Ash (right), £1,540, Sofa.com. For a similar coffee table, try the Lantau, £835; for a similar side table, try the Lantau, £645; both Oka. Bookcase, £195; console, £140; both Liatorp range, Ikea. Classic fire surround in white marble, £714, Victorian Fireplace range; Britton No4 arched register grate $\pounds 630;$ both Chesney's. **ON LEFT SOFA Cushions**, from left: White Linen, £40 each; basket weave in Light Grey, £30, Croft Collection range; both John Lewis. **ON/NEAR RIGHT SOFA Cushions**, from left: Luce in Marshmallow, £40, John Lewis: Orbit embroidered.

\$55 Dwell: Luxe silver foiled \$16 BHS: made in Lyra in Voile \$99 per m, Couture Volume 2 collection, Voyage Decoration; basket weave, as before. Large jute basket, £104, Raft. Cranley throw, £150, The White Company. ON BOOKCASE Glitter leaf garland, £10; Christmas decorations, from a selection; all Dobbies Garden Centres. For a similar **candle holder**, try the patterned set, £5 for three, Asda Direct. Sophia storage boxes, £39 for three, Brissi. **ON SIDE TABLE** Luis **table lamp**, £140, Feather & Black Mercuried-glass bowls, £9.50 for three, Cox & Cox. Snow scene night-light, £8.50, Gisela Graham. ON COFFEE TABLE Serve cake stand and dome, £65, LSA International. Zinc tray, from £15, Design Vintage. Garland, as before. Silver crackle-effect tealight holders, £12 for three; lit glitter house, £8; all Next. Decorations, from a selection, John Lewis. Snowy misletoe sprig, £22.99, Gisela Graham. Large glass jar vase, £30, Rockett St George. Naked wire **lights**, from £15.50, Cox & Cox. Number 2 glass hurricane, £28.50, Nordic House. Three-wick Winter candle, £55, The White Company. **Giftwrap**, from a selection, Paperchase Ribbon and gift tag, from a selection, John Lewis. ON/ABOVE CONSOLE Maya ceramic table lamp, £100, Living by Christiane Lemieux range, House of Fraser. Silver crackle-effect **tealight** holders, as before. Crackle balls, £35 for three, Raft. Mayfair photo frame, £24, Brissi. For a similar silver frame, try the Champagne geometric, £10, BHS. Tree candle holder, £8.99, Gisela Graham. Large unframed Dales Hill print (70cm x 70cm), £34.95, Doug Chinnery range, Easyart. ON/ABOVE FIREPLACE 5ft eucalyptus garland, £120, Gardenia of London. Highbury candlesticks, from £32 each, Neptune. White cylinder **candle**, £11.99, Gisela Graham. Large white Hampshire mirror, £299, Brissi. Frosted ivy wreath, £30, John Lewis; decorated with small festive bells, £3.76 for four; snowflake candle decorations, £4.99 for three; all Retreat Home. ON TREE Christmas tree topper, £1, Tesco Direct. Christmas decorations, from a selection, Gisela Graham



DINING ROOM DECORATION AND FURNITURE Wall painted in Cornforth White Estate Emulsion, £36 for 2.5ltr, Farrow & Ball. Panelling painted in

Antimony Elements Emulsion, £35.50 for 2.5ltr, Fired Earth. Wide oak flooring ULW1535, £27.99 per sq m, Quick-Step. Harrogate 170cm rectangular table in Fog, £795; Harrogate dining chair in Fog, £215; both Neptune. Burghley large buffet, £1,629, Multiyork. Ullswater 2.1m snow-tip tree, £149, Dobbies Garden Centres ON DINING TABLE Sedlig 24-piece cutlery set, £40, Ikea. Mezzo napkins, £16 for four; leaf spray napkin rings, £3.50 each; silver mistletoe **cracker**, £20 for 12, Croft Collection range; all John Lewis. Greenwich **wine glasses**, £40 for six, Neptune. White cylinder candles, £11.99 each, Gisela Graham. Naked wire lights, from £15.50, Cox & Cox. Silver table runner, £6, Tesco Direct. ON CHAIRS Porcelain acorn decorations, £2.99 each, Dobbie Garden Centres. Ribbon, from a selection, Paperchase. ON TREE Christmas ${\it tree\ topper}, {\mathfrak L1},$ Tesco Direct. ${\it Decorations},$ from a selection, Gisela Graham. **ON SIDEBOARD** Linen **vase** in Taupe, £100; Serve **cake stands**, £75 for three; all LSA International. Silver crackle-effect tealight holders, £12 for three, Next. All other tealights, from a selection, The White Company. Premier stainless-steel Champagne bucket, £10, Asda Direct. Connoisseur flutes, £38 for four, John Lewis. ON WALL Recycled wood frames, from £25 each, Cape Town Frame Collection range, Luma Direct



FEATURE SARITA SHARMA PHOTOGRAPHS DOMINIC

Brissi, Wire lights, as before

BEDROOM DECORATION AND FURNITURE Walls painted in Cornforth White Estate Emulsion, £36 for 2.5ltr, Farrow & Ball. Serenity Orchid carpet, £49 per sq m, Crucial Trading Concentric \mathbf{rug} , from £250, Niki Jones range, Occa-Home. Camelia king-size \mathbf{bed} , from £1,095, Button & Sprung. Chatsworth $\mathbf{ottoman}$, £345, Brissi. Kendal chest of drawers, £895, Lombok. Pillowcases, £3 for two, Tesco Direct. Diamond bauble (on sack), £7.50 for three, Next. For a similar circular bauble (on sack), try the mercuried-glass onion, £3, John Lewis. ON CHEST OF DRAWERS Galena table lamp, £150, John Lewis. storage box, £45 for thre Bonne Nuit carafe and glass, £16.50; mercuried-glass bowls, £9.50 for three; all Cox & Cox. Serve cake stand, £75 for three LSA International. Cassis signature candle, £20; Bell pillar candle holder, £25; jelly mould tealight holder, from £8; all The White Company. Star candle set, £6 for two, Tesco Direct. Coco, Ritz and Savoy perfume bottles, from £22 each; all Brissi. Nordic pitcher,

£18, Nordic House. Glitter leaf **garland**, £10, Dobbies Garden Centres. Layered heart decorations, £7.50 each, Retreat Home. ON BED Alina bedspread and cushion covers, £60, Ikea. Faux-fur **throw**, £30, Asda Direct. Herringbone **throw**, £24, Littlewoods. Antique-lace square **pillowcases**, £15 each, Holly Willoughby range: luxe silver-foiled cushion, £16; both BHS. For a similar duvet cover, try the Waves, £210, Peter Reed range, John Lewis Brompton Oxford pillowcases, from £22 each, The White Company. Cushion made in Lyra in Voile, £99 per m, Couture Volume 2 collection, Voyage Decoration. Pepper cushion, £30, Raft. ON OTTOMAN Throw, £44, Oka. Tray, £12; heart, £3.50, Croft Collection range; **ribbon** and **tag**, from a selection; all John Lewis. **Towel bale**, £15 for a four-piece set, Littlewoods. La Maison de Senteurs **toiletries**, from £7.50 each, both Marks & Spencer. Giftwrap, from a selection, Paperchase. Rose candle, £20, The White Company. Toiletry bag, £15.59, Retreat Home

FOR GREAT CHRISTMAS SUBSCRIPTION OFFERS

PICK THE

Perfect pattern

Need inspiration? Check out the best of this season's fabrics and wallpapers

FOR WHERE TO BUY ITEMS SHOWN, TURN TO OUR SHOPPING DIRECTORY

Try a dramatic botanical

WHY WE LOVE THEM When

they are placed against a dark background, prints undergo quite the transformation. Whether they are flora and fauna or berries and branches, designs appear more striking, the colours really pop and the prints take on a dramatic, fairytale-like quality.

WHERE TO USE THEM Your

instincts are probably telling you that dark walls will make a room look smaller than it actually is, but this isn't always the case. The right pattern, together with cleverly arranged lighting, can transform a small room into a warm, inviting space. Dark backgrounds will work well in bedrooms and dining rooms, creating a cosy, enveloping feel, but living rooms and cloakrooms can also benefit from their sumptuous,

gothic-esque glamour, giving a dramatic, strong look.

HOW TO USE THEM Embrace them wholeheartedly by covering walls or upholstery in a standout print. If you're not feeling that brave, dip your toe in the look by focusing on a single feature wall and a few scatter cushions. Lighting is key, so ensure the room is lit sufficiently from a variety of sources, such as table lamps, wall lights and pendants.

HOW TO ACCESSORISE THEM

Stick to furniture in classic shapes and materials, such as wood, avoiding anything too contemporary or glossy. Traditional, vintage and mid-century styles will all pair up beautifully with prints on dark backgrounds, but try to avoid lots of antiques - you don't want your home to end up looking like a set from a Tim Burton movie.

3 places to buy **DARK PRINTS**

Osborne & Little Nina Campbell's Wallpaper Album 3 collection is packed with pretty designs - we love Farfalla (butterflies) and Aquarium (fish), from £56 per roll. Sanderson A wealth of dramatic botanical prints are on offer, from contemporary Sparkle Coral to traditional Ottoline and Rosalie. from £42 per roll.

Wallpaperdirect Check out the Albany Fashion range for bold, dark prints, from as little as £12.99 per roll.

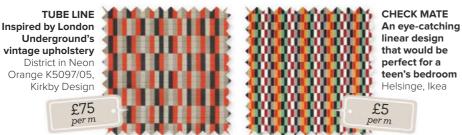




'Choose your print carefully - top-to-bottom trailing patterns will add height to a room, while oversized designs create instant impact'

> Ginevra Benedetti. Features Editor





TOP 10 Wallpapers

Striking, dark floral papers

Make a statement with a moody botanical

Monochrome magnolia

A simple two-tone print Magnolia 01429MAGB, £15 per roll, Designer Selection range, I Love Wallpaper

 $Flower\ power$ Orange blooms add a splash of bold colour

Albany Fashion FD30977, £17.99 per roll, Albany range, Wallpaperdirect

Colour burst

White and green designs are also available

Margarita in Charcoal/ Multi 97880, £30 per roll, Feature Wallpaper

Mixed bunch

Great for a retro scheme

Oodi in Pink/Orange 17921, £49.95 per roll, Marimekko 4 collection.

Galerie Wallcoverings

Vertical trail

A lovely blend of creamy lilacs and soft greenery Lomasi NCW4004-01, £56 per roll, Wallpaper Album 3 collection, Nina Campbell range, Osborne & Little

More over the page...







THE COMPANY The company started out as a fabric shop in the 1860s and, despite introducing furniture and fashion, it has always retained a foot in the world of decorating. As well as offering a wide selection of wallpapers and fabrics from other brands, John Lewis has a rich history of creating its own designs, too.

from this high-street favourite

THE NEW COLLECTION This season, the John Lewis Design Studio has introduced a host of new products to the House by John Lewis range, plus the new Copenhagen and Croft ranges. The wallpapers embody the latest trends, with elegant graphics in subtle shades of slate and putty for Croft, dreamy monochrome-hued patterns to sit with Copenhagen, and bold and colourful graphic prints to team with the House range. There's

also a wide selection of co-ordinating fabrics and wallpapers in the core range, alongside three new floral wallpaper prints created by ex-Osborne & Little designer Maggie Levien.

Botanica Bird in Black (top), £22 per m; Wallflower in Steel (bottom), £24 per m; both John Lewis

WHY WE LOVE IT The designs are all great value, priced from just £15 per roll of wallpaper and per metre of fabric, and since they echo the main interiors trends, you can easily find a wide range of furniture and accessories to match. The styles are also quite diverse so, from the classic look of the Croft designs to the cool contemporary feel of the House by John Lewis range, there's definitely something for everyone.

Cole & Son



The power of soft.



Boutique HOTEL SPY

Belmond Le Manoir aux Quat'Saisons

We took a sneak peek into this gorgeous hotel to bring you luxe style inspiration

FOR WHERE TO BUY ITEMS SHOWN. TURN TO OUR SHOPPING DIRECTORY

LOCATION Hidden away in the glorious Oxfordshire countryside. this hotel is best known for its two-Michelin-starred restaurant - the showcase of Raymond Blanc. **ROOMS** The hotel is a perfect example of the honey-coloured stone buildings for which the Cotswolds are famous. All of the 32 bedrooms and suites have marble bathrooms, with accommodation ranging in size from superior rooms to superior suites. The crème de la crème is the Blanc de Blanc suite (pictured), which has a private living room, dressing area, terrace and garden. Its tranquil scheme furnished with refined, French-style accessories has a truly luxurious feel.

FAMOUS FOR Its restaurant of the same name. Tasting menus start at £140 per person, so a combination of a meal in the restaurant and an overnight stay is seen by many visitors as a once-in-a-lifetime experience. The manor house is set in 30 acres which guests are free to explore, although most content themselves with a wander around the spectacular vegetable and herb gardens, where produce for the restaurant is grown. **CELEBRITY GUESTS** Hotel staff are admirably cagey about famous visitors, but many well-known chefs have worked with Raymond Blanc at Le Manoir, including Marco Pierre White, Paul Heathcote and John Burton-Race.







YOU CAN BUY THE LOOK...



Cosy layers Subtle texture Washed diamond bedspread, Lexington

Softly does it A waffle design Sanctuary cushion. Bedeck range,

House of Fraser

Versatile vase Bring in colour with cut flowers Cube vase, LSA International range, John Lewis



COLOUR SCHOOL

Tiffany blue

This is a cool colour inspired by the iconic packaging of the jewellery store

> FOR WHERE TO BUY ITEMS SHOWN, TURN TO OUR SHOPPING DIRECTORY

Tiffany blue is not a shade for the faint hearted, so if you're nervous of adding **bold colour** all over, use it in alcoves or on one feature wall, instead. The trick is to balance out this dynamic hue by teaming it with white furniture and a *statement mirror* or a distinctive piece of art. Add a touch of old-fashioned **glamour** at Christmas with vintage-style *metallic accessories* and gold-painted fresh foliage

Ramp up the glamour with some sparkle Pine-cone decorations, £6 each, Berry Red

Carol Wortley-Bishop, stylist





elegant with smart pieces Maxi tealight holder, £1.50 for three, Hema



Frosty effect

with distressed finishes

Distressed aqua frame, £56 for four, In-Spaces



Tick tock

Add colour to

a neutral wall

Donald clock.

£145, Sweetpea

& Willow



chevron segment cushion, £26, Debenhams

Chic seat Paris meets NYC Velvet tub chair in Aqua, £445, Oliver Bonas

Time for tea

Indulge yourself with a beautiful set for one Miss Darcy tea-for-one set, £22.50, Oscar & Eve



Snuggle up





LESSON NOTES

Build a refined scheme with one of these shades

AQUAMARINE

Make an impact with this bold hue POWDER BLUE Give your room a softer look with blue-green tones

FADED SHADE Create calm with a pale sky blue

Gentle Sky Absolute Matt Emulsion, £35 for 2.5ltr, Little Greene

Turquoise matt emulsion, £13.95 for 2.5ltr, Wilko

Pale Powder Estate Emulsion, £36 for 2.5ltr. Farrow & Ball



Lewes ${f rug}$, £175, Laura Ashley. Devonshire ${f fire}$ ${f surround}$, £1,380; interior panel, £420; both Chesney's. Coast four-seater sofa, £1,199; Coast armchair, £648; both French Connection range, DFS. Great white coffee table, £345, Loaf. Beckworth side table, £149, Marks & Spencer. BK3 Georgian bookcases, from £527 each, Scumble Goosie; interior painted in Aqua Source eggshell, £25.99 for 2.5ltr, Crown Paints; exterior painted in Greige Lt water-based eggshell, £47 for 2.5ltr, Sanderson. 6in $twig\ tree$, £70, Tesco Direct. **ON/NEAR FIREPLACE** Metropolitan **mirror**. £190, Graham and Green. Snowflakes, £40 for three, Retreat; for a similar gold **spray paint**, try the Projekt, £6.98 for 400ml, Plasti-Kote range, B&Q. **Gold tealight holders**, £4 each, Tesco Direct. White tealight holders, from £8 each, The Christmas Home range, Notonthehighstreet.com. Christmas tree jars, £40 each; mini trees, £12.50 for nine; all Cox & Cox. Reindeer, £3 each; ${\it stars}$, £3 each; all Gisela Graham range, The Contemporary Home. Ivy **garland** in spray paint, as before. Derwent **fire tools**, £354, Chesney's. **Giftwrap**, from £2.50 per roll; **ribbon**, £1.75 for 3m; all Paperchase. ON SOFA Cushions made in: Linara Peacock; Linara Lagoon; both £34.50 per m; Cybelle Viridian, £125 per m; all Romo; Dorchester Turquoise, £40 per m, Clarke & Clarke.

holder, both as before. Tree tealight holder, £14.50, Timea Sido range, Swanky Maison. **Tray**, £65 for three, The White Company. Wilton **crackers**, £20 for six, Laura Ashley. Sylt **throw**, £65, David Fussenegger range, Heal's. ON SIDE TABLE Iris lamp base, £160, Pooky. For a similar shade, try the Samantha candle, £13, John Lewis. Web bowl, from £22, Swanky Maison. Gold tealight holder, as before. Giftwrap, as before. Ribbon, £5 for three 2m rolls, Gisela Graham range, The Contemporary Home. **ON LEFT** BOOKCASE Card, £4 for six, Tesco Direct. White tealight holders, as before. Giftwrap and ribbon, as before. Framed dictionary print, £25, Homes by Holmes range, Notonthehighstreet.com. Ribba frame, from £1.75, Ikea. Advent calendar card, £2.95, Aspen & Brown. **Favour box**, as before. **House**, £3.50, Tesco Direct Hurricane, from £19.95, Nordic House. Baubles, from £2.99 each, Dobbies Garden Centres. ON RIGHT BOOKCASE Candle holders, £12 each, The Christmas Home range, Notonthehighstreet.com Favour boxes, hurricane, print, all as before. 'Joy' card, £2.50 for ten, Tesco Direct. Vase, £21.50, Pentreath & Hall. ON TREE Dove, £26.50 for three, Jo Heckett range, Notonthehighstreet.com. Baubles, hearts, from a selection, Dobbies Garden Centres, John Lewis, Tesco Direct. Snowflakes, £7.65 for three, Aspen & Brown

LOVE THE LOOK

Break up this lively shade of blue with neutral fabrics and soft-white accessories. Add glamour with glittering gold decorations on your tree

For more moodboards turn to page 92







FIR & FROST Cosy up with chunky knits in grey tones Background painted in Dark Lead Absolute Matt Emulsion, £35 for 2.5ltr, Little Greene. South Pacific Kiribati carpet, £45 per sq m, Kersaint Cobb & Company. Silver cushion, £16, BHS. Basket weave grey cushion, £30; for a similar cup, try the egg cups, £16 for four, Queensberry Hunt range; gift tag, from a selection; all John Lewis. Giftwrap, from a selection, Paperchase. Mercuried **bowls**, £9.50 for three, Cox & Cox. Heart, £2.50, Gisela Graham

SOOTHING SANCTUARY

Mix soft shades of white for a tranquil scheme

For a similar **wallpaper**, try the Acanthus Scroll, £55 per roll, Morris & Co range, Wallpaperdirect. For a similar cushion cover, try the White Leighton, £8.99, Dunelm. For similar lace edging, try the selection at MacCulloch & Wallis. For a similar **plate**, try the Prairie dessert plate, £9, Rachel Ashwell Shabby Chic Couture. All White Estate Emulsion, £36 for 2.5ltr, Farrow & Ball. For a similar feather butterfly decoration, try the bridal butterflies, £5 for 24; for similar shell buttons, try the Vogue Star, £1 for five; all Hobbycraft. For a similar **bird ornament**, try the porcelain bird, £3.99, Dobbies Garden Centres



Decorating?

FOLLOW THE 3 GOLDEN RULES

THE 70-20-10 RULE For a truly balanced scheme, keep 70% of the elements (say, the walls and floors) as one colour, 20% in a second colour (prints and fabrics) and add 10% of a vibrant accent (accessories).

THE PATTERN RULE If you're mixing patterns, use large with medium or medium with small, never large with small. Choose prints that share a colour in common for an ultra-smart, co-ordinated look.

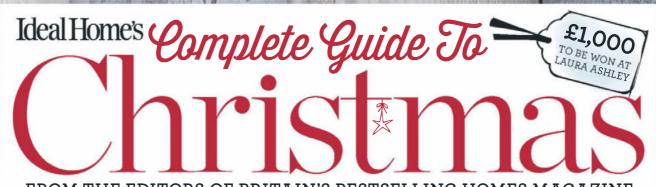
look of paint changes according to the time of day and the light in a room. Paint the inside of a large box

THE PAINTED BOX RULE The

with a tester to create a miniature 'room' and see how the paint colour changes within a 3D space.

AND FINALLY... Always add a surprise. A focal point - whether it's a feature wall, a huge mirror or a piece of art - is the short cut to a 'wow' room.





FROM THE EDITORS OF BRITAIN'S BESTSELLING HOMES MAGAZINE







DECORATING INSPIRATION

Make your home special for the holidays



Hand-made gifts for friends and family



54 simple and delicious seasonal recipes

CHRISTMAS TABLE SETTINGS 🌋 HAND-MADE GIFT TAGS 🌋 STOCKINGS TO BUY & MAKE

ON SALE 1 OCTOBER IN ASSOCIATION WITH LAURA ASHLEY

PROPERTY PROJECTS

Get the very best advice and inspiration for all of your home-renovation projects

FOR WHERE TO BUY ITEMS SHOWN. TURN TO OUR SHOPPING DIRECTORY





'We needed all the extra space we could get'

When Sarah and David Richardson spotted a

four-bedroom Victorian house for sale on the same road they were renting on, they immediately arranged a viewing. It had a tumbledown conservatory and a lean-to, but they were able to visualise how it would look if they replaced these structures with a single-storey extension with glass panels across the width of the house. The couple, who have four daughters, had the extension designed to create an open-plan kitchendiner and living space. The builders

concealed the structural supports so as not to take away from the room's open feel. 'It works really well and is far more practical than a standard conservatory,' says Sarah.



FIND OUT MORE...

■ The supporting walls at the rear of the Richardsons' house were removed to create an open-plan space.
■ To avoid having steel supports breaking up the open-plan feel of the room, the builders concealed them within the ceiling.

"One section of the ceiling sits lower than the pitched roof,' says James Bernard, director of building company Plus Rooms. 'A cradle of steelwork provides support and additional steels are concealed in the roofline.'

Storage companies

Don't know where to start? Try these top five places...

ACCESS SELF STORAGE 0800 327 7134; accessstorage.com

The branches across London, the South East and the Midlands contain units of various sizes — its website has a size calculator to help you work out how much space you require. It also has partnerships with van-hire companies, so it can pass on discounted rates to its customers.

BIG YELLOW SELF STORAGE

0800 783 4949; bigyellow.co.uk

This instantly recognisable company has 67 facilities

nationwide, with room sizes of up to 400sq ft. Prices vary per region (busy areas near cities will cost more).

HENFIELD SELF STORAGE 0808 271 0356; storage-units.

co.uk
This family
owned company
offers secure
storage units at
competitively

The units at Safestore are ideal for stowing away all your clutter

low prices. There are five branches in the South East, and others in Glasgow, Birmingham and Bradford. If you pay for three months' storage in advance, you can have your items collected for free.

LOVESPACE 0333 111 0777;

lovespace.co.uk After you've packed your boxes, Lovespace will collect your items for free when it suits you. Everything you store, from bags to boxes to bikes, costs between £1.95 and £5.95 per item per month.

SAFESTORE 0800 444 800;

safestore.co.uk The largest self-storage company in the UK offers 24-hour access, with many branches open seven days a week. The price will depend on the amount of space you need. Cardboard boxes and bubble wrap are available to buy on site.







TOP TREND

Affordable design

Need a sleek new look for your bathroom at a purse-friendly price? Twyford's Energy Collection range offers great-value designs that don't compromise on style. The collection includes three sanitaryware and furniture ranges, with special features including compact designs for small spaces, contemporary high-gloss finishes and shower enclosures with pivot, sliding and bifold doors. There's a range of flexible installation options, so you can opt for wall-mounted or freestanding designs. Prices start from £80.78 for the E100 W55cm basin.

ON THE SURFACE Chevron chic

If your staircase is crying out for a revamp, check out the latest launch from flooring company Crucial Trading. The new Wool Fabulous collection features a vibrant, chevron-patterned floorcovering made from hard-wearing 100% wool, priced at £140 per sq m. Available as either a narrow or wide-gauge design, and in a choice of five different colourways, it's ideal for bordered rugs or runners, or even an entire carpet to

make a big impact.

WFN501 Fabulous Diamond Narrow (far right); WFW601 Fabulous Diamond Wide; both £140 per sq m, Crucial Trading



Keepithandy

Protect your garden furniture from the elements this winter with Rust-Oleum's NeverWet. Simply spray two coats onto

canvas to give it a liquid-

repelling coating.

Protect furniture from rain and ice with NeverWet, £15 Rust-oleum range, B&Q



Embarking on a self-build project? See selfbuildportal.org.uk for invaluable advice to help find the right architect, surveyor or structural engineer, plus a host of contractors recommended by the Federation of Master Builders in your area



Tackle chores with these DREAM MACHINES

See my helpful videos at housetohome.co.uk/beko to find out what to look for when you buy your next appliance

oes your kitchen resemble a mountain range, with a Kilimanjaro of laundry in one corner and dirty dishes piled up along the worktop like the Himalayas? Don't panic! The right washing machine and dishwasher can conquer the cleaning while you put your feet up.

Decide on your style

I believe the best dishwashers and washing machines shouldn't be too noisy, especially if you have an open-plan kitchen. If you agree, look out for models

that operate quietly and

can be integrated behind a door panel to match your units. However, if you have a large family, a Beko freestanding washing machine with at least an 8kg capacity will cut down on the number of washes

you'll do each week. Not sure of the capacity you need? Think of each kilogramme as an outfit, so a top, a pair of jeans and underwear and socks.

Save time and money

Beko's washing machines have guick-wash programmes that get 2kg of washing clean in 14 minutes, or at least 8kg done in 39 minutes, while high-spin speeds of up to 1,600rpm will wring washing out a treat, reducing drying times. Its dishwashers have a 30-minute guick wash, while selected EcoSmart models tackle a full load using just 6ltr of water. As this is water you'd otherwise have to pay to heat if washing by hand, you'll save money on utility bills

CLEAN UP INSTYLE

Beko has smart laundry and dishwashing options



Squeeze it in

It may be only 45cm wide, but this Beko dishwasher can handle 10 place settings

Beko DW451 45cm integrated dishwasher, AO.com



Rack'em up

This takes 12 place settings, and you can adjust the top basket to create extra space

Beko DW603 integrated dishwasher, AO.com



Great for families, this 8kg-capacity machine can clean 40 T-shirts at once

Beko WMI81341 integrated washing machine, AO.com

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From dark and dreary...

A combination of two glazed extensions has transformed Alex and Sophie Nicholls' dull Fifties house into an exciting design statement

Take the 60-SECOND TOUR

THE PROPERTY

A four-bedroom, detached house in Winchester, Hampshire. built in the Fifties.

WHO LIVES HERE

Alex and Sophie Nicholls, with Matilda, three, and Freddie, three months. The couple are doctors.

WHAT THEY DID

The Nichollses added a groundfloor rear extension with a wall of glazing across the width of the house, to create an open-plan kitchen, dining and living room. They also had a wooden-clad first-floor extension built to add another bedroom and en suite.

WHAT IT COST

The couple paid £590,000 for the house in 2011 and spent around £175,000 extending and renovating it. The property is now worth around £800,000.

FIRST FLOOR ▶ Upstairs, there are four bedrooms, one with an en suite, and the main bathroom





■ GROUND FLOOR There's a snug, a utility room and a study at the front and an open-plan kitchen, living and dining room in the rear extension



to light and contemporary

ophie and Alex Nicholls knew a big renovation project was waiting in the wings when they bought a detached Fifties house in Winchester, Hampshire, in 2011. 'It was so ordinary and unexciting,' says Sophie. 'We relocated to Winchester due to Alex's work and found property in the area very expensive. The solution was to buy a smaller house and give it a serious makeover.'

The couple, who are both doctors, had previously lived in an old worker's cottage, with low ceilings and small windows, but they wanted their next home to offer a modern, multipurpose living space. 'Living in Sydney for a couple of years gave us a taste for openplan, indoor-outdoor living,' says Alex. The house they purchased in Winchester was built in 1957 as part of a development, and most of the other properties in the road had already been extended, with one or two contemporary designs setting a precedent.

CLEVER RESEARCH Sophie and Alex had kept a magazine article about a house in a neighbouring road that had been extended and remodelled to create a contemporary living space. 'We drove past the house and recognised it from the article, so we approached the architect, Andy Ramus, for advice and he seemed

to understand exactly what we wanted,' says Alex. 'We also liked the combination of timber cladding and render which Andy's practice, AR Design Studio (ardesignstudio.co.uk), often uses.'

THINKING BIG The Nichollses asked Andy to design an open-plan family space filled with lots of sunlight, plus an additional bedroom and en suite upstairs. 'We'd done a couple of sketches of our own, but Andy's design was far more imaginative and made much better use of the space,' says Sophie.

Andy's drawings left the front of the house virtually unchanged, with just some updates to the windows, but transformed the rear of the house with a full-width, single-storey extension for an open-plan kitchen, dining and living area. A smaller first-floor extension, clad in horizontal Western red cedar planks, was added above the kitchen, to create a new main bedroom with an en suite and a separate dressing room.

'Other than making a couple of minor changes, the planners were happy with the design - especially as the front of the house was staying more or less the same,' says Sophie. The family moved out of the house and stayed with Sophie's mum in Southampton for 11 months while the building work was in progress. This saved them money, but meant they had to make



We love... ... 'how all the new glazing has filled the house with so much more sunlight and made the most of the views'



quite surprised by some of the high costs,' says Alex. 'In the end we chose to use a family business from Southampton, which was keen on creating modern features like shadow gaps and frameless windows, and did work of exceptionally high quality.'

Building work involved ripping out all the fittings inside the property, so the Nichollses took the opportunity to make some cash by selling their old kitchen, boiler, doors and bathroom suite on eBay.

'The solution was to buy

a smaller house and give

it a serious makeover'

ADDING SPACE Building work began with foundations for the large kitchen extension being excavated. A steel frame was built offsite to support three large glass panels that

form a full-height glazed wall across the rear of the ground floor. The steel frame was lifted into place by a crane and cavity walls were constructed from super-insulated blockwork. The first-floor extension for the main bedroom was then constructed using a lightweight timber frame, 250mm insulation and a single-ply roof membrane, eliminating the need for unsightly structural columns beneath.

Alex took on as much DIY as possible, including clearing the site, digging some of the foundations, general carpentry and installing ceiling speakers

I'd originally intended, though, and we ended up bringing in extra tradesmen to speed things along." STAYING ON BUDGET Both Alex and Sophie also undertook a great deal of research to find products, such as sockets and light fittings, at the right price, which saved them hundreds of pounds. 'Having such a rigid budget helped focus our minds and we got a real kick out of cutting costs and finding bargains,' says Sophie. 'We came in on budget, and some things

were even under budget, so although the process was very labour intensive, it was definitely worthwhile.' **FAMILY LIVING** Since renovating their home, Sophie

and Alex's family has grown, with the arrival of their son, Freddie, and the house's new open-plan layout is perfectly suited to family life. 'Andy Ramus gave us the confidence to be brave,' says Sophie. 'Now when people walk into the house, they're amazed that they can see straight through to the back garden. We rarely turn on the lights in the new kitchen extension, because all the glass lets in so much light, and we can enjoy panoramic views of the garden. Buying this house was a gamble and I admit I wasn't convinced at the start, but now I absolutely love living here.'







RENOVATION **KNOW-HOW**

- Many alterations can be made under Permitted **Development**, meaning you don't need to get planning permission. For more information on planning and building regulations, visit planningportal.gov.uk and always check with your local authority before making any major changes.
- M Keep your neighbours informed at all stages and you might need to obtain party-wall agreements, too. Check the advice given at planningportal.gov.uk.
- For extensions and major remodelling, it's usually advisable to employ an architect to draw up accurate plans: the Royal Institute of British Architects (architecture. com) holds a directory of approved architects.
- Get at least three quotes for all major purchases, including when you're hiring tradesmen and, whenever possible, negotiate fixed
- prices for each job rather than paying a daily rate. It's not usually advisable to undertake major roofing work on a DIY basis. Go
- to the National Federation of Roofing Contractors' website (nfrc.co.uk) to find a reputable roofer to do the work.
- Remember to factor delays into the schedule and always have a contingency pot of money to pay for those unforeseen expenses.



IN DETAIL FRONT DOORS

Create a modern entrance, as the Nichollses have done

Alex and Sophie chose a contemporary front door, crafted from solid engineered oak with a custom-made frame.

- The couple paid £1,920 for their front door from Front Door Shop (01702 421199; frontdoorshop. co.uk). 'By using a smaller company, we could get a door made to our own design for much less than it would have cost from a larger chain,' says Alex.
- If your house is listed or is in a Conservation Area,

you may need to obtain permission from your local authority before changing the external doors.

- Choose exterior doors of at least 44mm thickness. Glazing will bring more light into the hallway, but consider obscure glass if privacy is an issue.
- Quality locks and bolts are only as strong as the frame to which they are fitted, so replace a weak or rotten frame.
- If you're not planning to paint or stain the door

yourself, tell the person you hire to fit it, as this will add to the time taken to prepare, hang and finish the door.







'We turned three flats back into one home'

Ben and Jane Kilburn converted three flats in a Victorian semi into a spacious, energy-efficient family home

hen Ben and Jane Kilburn first viewed their home in Dalston, East London, it was a neglected, four-storey, Victorian semi that had been split into three flats. Converting the property back into a house presented an opportunity for the couple to start from scratch and design a five-bedroom home for themselves and their three daughters, Tess, Billie and Esme.

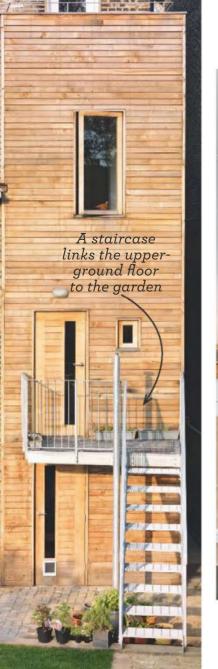
The couple had been house hunting for nine months before discovering the property, which was just around the corner from their old home. 'We wanted to stay in the area because the girls were

settled at local schools,' explains Ben, a director at Kilburn Nightingale Architects (020 7812 1102; kilburnnightingale.com). 'This property offered scope for more living space and a bigger garden.'

The Kilburns immediately realised that the house was suffering from major structural issues - there were cracks in the walls and one wall was bulging at the top. They also needed to wait for nine tenants to vacate the building before they could begin converting the flats back into one home. Work began in April 2011, with a building contractor employed to make the house structurally sound. The building was









'It's a wonderful space for holding parties and entertaining, and the children enjoy bringing their friends home, too'

stripped back to its shell and substantially rebuilt in places. The roof timbers were reinforced and the roof was replaced with new slates and solar panels. The Kilburns weren't able to transfer their mortgage from their previous house until the structural work had been completed and inspected by their mortgage company. Once it had been signed off, they moved into rented accommodation on the same road as their new home. 'Fortunately, our daughters loved all the excitement, which made things easier,' says Jane.

Next, architect Ben had to completely redesign the building's internal layout to convert the three flats back into a house. Walls and ceilings were removed to create large living spaces. 'We knew that the first and second floors would be used for bedrooms and the attic could be converted into a playroom,' he says. 'That left the lower-ground and upper-ground floors for our living space, which we've linked to one another by creating a double-height library area overlooking the garden.' A large panel of glazing above the patio doors on the lower-ground floor floods this double-height space with sunlight.

The brickwork in the old rear extension was in poor condition, so it was wrapped in insulation and clad in sweet-chestnut boards. A local joiner crafted new window frames in sweet chestnut to match the cladding. Inside, all the walls and ceilings had to be replastered, and plaster mouldings and ceiling roses were reinstated in the main living areas. The staircase was also completely rebuilt from top to bottom, and a new carved-oak handrail was added. The same painted recycled floorboards were laid throughout the open-plan living spaces to create a sense of flow.

Jane and Ben have used hard-wearing, durable materials where they can, keeping finishes simple for a modern look. They sourced many of the fixtures, fittings and furnishings themselves, buying junk-shop finds and eBay purchases to help them stay within budget. They paid £800,000 for the three flats in 2010 and spent £400,000 on rebuilding and reworking the layout of the property, which took around a year to complete. The five-bedroom house is now worth around £1.8 million.

'The open-plan layout works so well for us as a family,' says Jane. 'It's a wonderful space for holding parties and entertaining, and the children enjoy bringing their friends home, too. We couldn't be happier with the way everything has turned out.'



Trials & triumphs...

What was the high point of the project?

'Seeing how well the design works for us as a family has been a real pleasure after such extensive building work.'

Any low points?

'Discovering that a mains water pipe had burst and flooded the kitchen wasn't great.'

Who or what was the project saviour?

'The house: it withstood many years of neglect.'









Take the **60-SECOND TOUR**

THE PROPERTY

A three-bedroom, end-of-terrace house in Beverley, East Yorkshire, built in 1995. The owners bought it in 2012.

WHO LIVES HERE

Kirsty Brooker with her partner, Gary Coates, her son, Reagan Brooker-Beaumont, 11, and their dog, Millie.

WHAT THEY DID

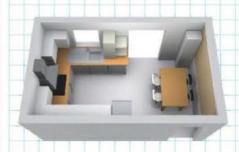
The couple bricked up a window for privacy and widened the opening for the back door to fit patio doors. They removed a built-in larder and replaced the units, worktops and flooring.

THE LOOK

Urban, with contemporary white-gloss units, vintage-style accessories and a cityscape mural as a feature wall.

LESSONS LEARNED

44 If someone is throwing something away that you could use, don't be afraid to ask if you can take it. "



THE LAYOUT There's a dining area in front of the door, with the kitchen units arranged in a U-shape on the left. The freestanding fridge-freezer is next to the double oven. Patio doors open out to the back garden











Two options, one result. Perfectly clean laundry.

Let Karl, the Bosch Engineer, explain.

There are two things that every household in the UK knows about – living costs are rising and we all seem to have less of that most precious commodity; time. Recent estimates suggest that the average household energy and water bills will continue to increase over the next 15 years, so any additional savings that can be made are vital.

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to save more energy (and money) or save time – the best of both worlds in one machine.

Choose **EcoPerfect** to use up to 66% less energy," or **SpeedPerfect** for a full load of washing perfectly clean in one hour, compared to just over two and a half hours on a standard 40°C wash programme. Either way, there's no compromise on outstanding results. Watch my short video at **LetKarlExplain.co.uk** to find out more.



Infrastructure investment: the impact on consumer bills. National Audit Office Press Release, 13 November 2013.
 Easycare 40°C: Standard programme compared with SpeedPerfect option. EU Label standard cottons 60°C programme with EcoPerfect option.



ith plans to renovate the whole of their three-bedroom terrace in East Yorkshire from top to bottom, Kirsty Brooker and her partner Gary Coates started with the kitchen-diner, as it was where they planned to spend most of their time. 'When I was

growing up, the whole family hung around in the kitchen,' explains Kirsty. I wanted to re-create that warmth and homeliness here, but with a modern edge.'

The existing kitchen was gloomy and dated, with floor tiles that were lifting in places and dark-wood units that made the room feel claustrophobic. The existing layout worked quite well, but it was let down by the colour

scheme,' says Kirsty. 'We knew we could easily transform the room by making it lighter and we wanted to add patio doors that we could throw open in summer to make the kitchen and garden one big sociable space.'

To achieve this, Kirsty chose white-gloss units and pale laminate flooring, then added personality with vintage furniture and a large wall mural. I love the cityscape wallpaper,' says Kirsty. 'It's like having a fabulous city view. My son, Reagan, and I often sit at the dining table trying to spot something new in the picture. My only niggle with the room is that we should have made the patio doors wider because it can be a struggle getting in and out with shopping bags, but, overall, we're delighted. It's easy to live in, easy to clean and a lovely, light room all year round.'

▲ Old meets new

A trio of pendants above the table light up the dining area. The table is one of Kirsty's favourite bargains. 'I paid £240 for it in a vintage emporium,' she says. The swivel chairs in a mix of black and white mirror the modern style of the high-gloss slab units at the other end of the room



▲ Quirky details A 'House Rules' poster adds

humour. It's actually a wall sticker, but, as Kirsty wanted it to be portable, she mounted it on plywood and propped it against the wall



out of the kitchen except for a few cupboards, the cooker and the sink, so we could continue to use the room. The labour cost nothing as a builder friend skimmed the ceiling, bricked up a window and fitted the patio doors, then Gary's brother did the electrics and plumbing, and fitted the units, which were delivered preassembled. The preparation took about a month and the units were fitted within a week. Gary laid the flooring, built the shelves and decorated the room.



▲ Recycle and reuse Kirsty uses this vintage

French bottle holder as a sturdy mug tree

KITCHEN SOURCEBOOK WHERE TO BUY

Autograph white-gloss kitchen, £127 for a W600mm base unit, Designer range; oak worktops, £261; cooker hood, £96; gas hob, £194; double oven, £340; all Wren Living. For a similar washing machine, try the WMAQF641G, £299; for a similar **tumble dryer**, try the TVYL655C6G, £239; both Hotpoint range, Tesco Direct. For a similar fridge-freezer, try the GBF539PVQWB, £570, LG range, Ao.com. Ascona sink, £220, Franke range, Taps UK For similar **flooring**, try the bleached-oak laminate, £18.99 per sq m, Wickes. Scenics wallpaper, £85, Komar range, Coleman Bros. Berlin Opal Eff pendants, £13 each, B&Q. Clementine chairs, £69.50 each, Atlantic Shopping. For a similar table, try the Vancouver, £425, Pinesolutions.co.uk. Locker, £10, Vintage Hoarders. For a similar 'Home' sign, try the 'Cuisine' sign, £55, Notonthehighstreet.com. For a similar **poster**, try the 'House Rules' wall sticker, £29.99. The Present Finder. Mug tree, £50, Vintage Home Shop

FOR DETAILS TURN TO **OUR SHOPPING** DIRECTORY

FEATURE HEATHER DIXON PHOTOGRAPHS COLIN POOLE PLAN PERSONA-ID



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▲ Priced kitchens are for cabinets only and do not include the price of any handles, worktops, appliances, sink, tap, props, accessories or small worktop appliances. Must be purchased in the exact configuration as offered by Wren. No substitutions or alterations can be made. One per customer. ◆If you find a kitchen or fitted bedroom that is of the same style, quality and construction cheaper elsewhere, bring us your valid quotation and Wren will be at it.









Considered design Thanks to a new kitchen extension, the Preedys had space to install a modern kitchen where a balanced layout and plenty of storage were key

Take the **60-SECOND TOUR**

THE PROPERTY

A four-bedroom, Edwardian semi in Strawberry Hill, Middlesex, which the couple bought in 2009.

WHO LIVES HERE

Emma and Ed Preedy, with their son, Jamie, seven, and their daughters, Rosie, five, and Poppy, two.

WHAT THEY DID

The couple ripped out the old kitchen and extended into the garden. They had bifold glass doors leading out to the garden, new windows and a contemporary kitchen fitted.

THE LOOK

Sleek and modern, with high-gloss, slab-style units, integrated appliances and a glass splashback.

LESSONS LEARNED

66 Be careful when you are deciding on the size of an island. Mine was larger in the room than I had expected. It was okay, but I had been tempted to go larger, which would've certainly been too big. "



THE LAYOUT The sink is in the central island. Base and wall units, as well as the fridge and freezer, are set into the wall opposite. There's a seating and dining area in front of bifold doors which lead out into the garden

WHAT IT COST

Units	£8,911
Worktops	£3,660
Splashback	£1,572
Appliances	£5,447
Flooring	£1,288
Lighting	£250
Paint	£36
TOTAL	£21,164

TURN OVER TO FIND OUT HOW

Emma and Ed created their new kitchen



mma and Ed Preedy were on a bit of a tight timescale when they started looking for a house in Strawberry Hill, Middlesex, five years ago. 'We'd been living in a place in south London that had been fine for us as a couple,' says Emma, 'but then we had a toddler and another baby on the way, and we were keen to make a move.'

The couple chose the area because of the transport links, good schools and green spaces, but the lack of properties there in 2009 was a worry. 'As the pregnancy progressed, we had a buyer and were ready to go, but couldn't find anything suitable,' recalls Emma. 'Then this house came on the market. I was nine months pregnant at this point, so we couldn't have left it any longer!"

The house was rather dated, but it was structurally sound and had the potential for improvement. We always planned to change the kitchen at some point,' says Emma. 'At the beginning of 2013, we had planning permission to extend in place and we were ready to go.'

The Preedys wanted easy access to the garden and more natural light. As the only windows were high up, the extension needed to have rooflights. 'We added two more long windows and bifold glass doors across the back, which can be opened up on nice days,' says Emma.

When it came to the design, the couple were keen on a sleek, symmetrical look, with the units all perfectly balanced and the extractor placed directly between the two new windows. 'All the lines of the units match and it does make a difference to the overall look,' says Emma. 'I like lots of storage and the floor-to-ceiling cupboards are capacious, so it's simple to tidy up in seconds. As I don't like seeing appliances on display, we had as many as possible integrated to have a sleek, no-fuss look. Finally, we accessorised with a glamorous chandelier and now the whole kitchen looks spacious and stunning.'







Time-saving tap The couple's tap delivers instant boiling water, which is handy for hot drinks and cooking vegetables

KITCHEN SOURCEBOOK

WHERE TO BUY

Hacker units in Shinv

Cashmere and Matt Basalt Grey with M700 handle, from £126 for a 300mm base unit; 70mm Compac Snow worktops, £3,660; B15E52 oven, £648; C57W40 oven, £629; both Neff range; EH801MM11E **hob**, £705 LC96BB530B extractor, £432; all Siemens range; Kubus sink, £350; Minerva tap in Chrome, £840; both Franke range; all Azco Interiors. For similar floor tiles, try the Danxia in white, £27.75 per sq m, Topps Tiles. Walls painted in Elephant's Breath Estate Emulsion, £36 for 2.5ltr, Farrow & Ball. Bifold doors, £7,000; bespoke windows and skylights, £3,000; all Perfect Crystal. For a similar radiator, try the Reina White Single Vertical, £275, Designer Bathroom Store. For a similar table, try the Billy, £695, Loaf. Jasper chairs, £39 each, House by John Lewis range; Scultura kettle, £99.95; Scultura toaster, £99.95; both De'Longhi range; for a similar chandelier, try the Baroque Lustre, £240; all John Lewis

FOR DETAILS TURN TO **OUR SHOPPING** DIRECTORY

How we did it

66 We used a local company recommended by neighbours for all the building work, which meant that we didn't have to deal with multiple tradesmen as the firm managed most of the project. We looked at many kitchens, but nothing inspired us until a friend suggested Azco Interiors. We saw exactly what we wanted in the showroom and from then on it was an easy process. The building work done by Lofts and Extensions in Teddington cost £40,000, which included £10,000 for the windows and doors, and the project took around three months.

T combined two rooms'

Need space? Knock down a wall, as Barbara Waters did, for your dream bathroom

FOR WHERE TO BUY ITEMS SHOWN. TURN THE PAGE



The main problem that Barbara Waters had with the bathroom in her house in Thames Ditton, Surrey, was the fact that it only had a shower attachment over the bath and not a walk-in shower. 'The room also

got very steamy when I ran the hot water, making it prone to mildew, so I had to buy a new shower curtain every year,' says Barbara. 'My neighbours had knocked down the dividing wall between the separate loo and the bathroom in their home. When I saw that, it got me thinking that, if I did the same, I'd have enough room for an ample shower.'

After looking through magazines and visiting a local bathroom centre, Barbara knew exactly what she wanted but wasn't sure it would work practically. 'Although a walk-in shower was my priority, I didn't want it to be at the expense of a bath,' she says. 'The bathroom company took a look at the two rooms and confirmed that by knocking down the dividing wall, I could create a space to meet all my requirements.'

Once the room was finished, Barbara had a bathroom party. 'I asked the whole family over and officially opened it to all users,' she says. 'There were nine of us in total and my stepdaughter said, "It looks like a hotel suite", which was precisely what I was after!'



Take the 60-SECOND TOUR

THE PROPERTY

A two-bedroom, Seventies, terraced house in Thames Ditton, Surrey, bought in 2003.

WHO LIVES HERE Barbara Waters.

WHAT SHE DID

Barbara had all the fittings, fixtures and tiles ripped out of the separate loo and bathroom, then the dividing stud wall was knocked down. The room's walls and ceiling were replastered, then the new bathroom fixtures and

fittings were installed and the walls and floor were retiled.

THE LOOK

Fresh and modern, with a white scheme warmed up by grey floor tiles, rattan baskets and ochre-coloured blinds.

LESSONS LEARNED

66 Choosing just one company to carry out the entire project means you are more likely to have continuity, accountability and higher standards of workmanship. ""



rail and shower are to the left of the door, while the basin and vanity unit are facing the doorway. The bath and loo sit below the windows and there's shelving to the right of the door

New layout Knocking down a wall gave Barbara enough space for a new suite and her longed-for walk-in shower









Wooden accents

The shelves and door bring a warm, natural element to the room, 'To save money, I used wood from an old desk for the shelves,' says Barbara



How I did it 66 I hired a local company to do all the

work, which included ripping everything out of the loo and bathroom before knocking down the wall between them, then replastering and retiling. The firm, TJ Bathrooms, then installed the new sanitaryware. Even though I gained a bigger space, compromises still had to be made. There wasn't enough space for a large bath as well as the walk-in shower that I wanted. so I had to go for a smaller model. The work took about eight weeks and cost around £10,000.

$Practical\ choice$

The vanity unit has cupboards and a drawer, providing space for loo rolls, cleaning materials and toiletries

BATHROOM SOURCEBOOK

WHERE TO BUY

Sunrise wall-hung loo, £258, Vitra range; soft-close seat, £133; flush unit, £344; Status bath, £395; bath panel, £185; both Carron range; Tec single-lever bath tap, £166; Tec basin mixer tap, £169; both Hudson Reed range; Faro 58 vanity unit, £303, Eastbrook range; **basin**, £174; Flipper 600 walk-in shower glass panel, £469; Flipper 800 end panel, £248; **shower head** and thermo valve with handset, £570, Aqualisa range; Chrome straight heated towel rail, £312; bespoke polished-edge mirror, £159; Claygate shower tray, £151; chrome shower rack, £77; chrome grab bar, £37: all TJ Bathrooms, Interiors medium textured wall tiles in white, from £55.62 per sq m; Architech floor tiles in Fossil, from £85.16 per sq m; all Surface Tiles. Roller blinds in Fiji Bamboo, from £86 (61cm x 76cm), Hillarys. Geneva oak veneer door, £99.99. Wickes. For similar wicker baskets, trv the willow lined, £35 for two, John Lewis. Polka **towels**, from £15 for a hand towel, Jigsaw

FOR DETAILS TURN TO **OUR SHOPPING** DIRECTORY

Ideal Home Travel

Morocco & Canaries Cruise \$100 on board spend included*

Discover cruising with this wonderful winter cruise around Spain and the Canary Islands. Enjoy the cultural city of Barcelona with a one night pre cruise stay at a centrally located hotel; visit the Olympic Stadium and the Sagrada Familia, before you embark Norwegian Spirit on this wonderful winter sun cruise. As you cruise from port to port along stunning coastlines, Norwegian Spirit has plenty to keep you entertained day and night with exciting nightclubs, award-winning restaurants, a grand casino, swimming pools, a pampering spa and so much more

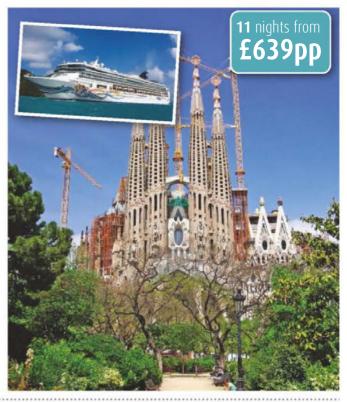
Cruise Itinerary:

Barcelona, Spain - Casablanca, Morocco - Funchal, Madeira - Santa Cruz de Tenerife, Canary Islands - Arrecife, Lanzarote, Canary Islands - Granada (Málaga), Spain - Barcelona, Spain

Price includes

- Return flights from a choice of UK airports
- Luggage allowance, flight and port tax
- 10 nights full board on Norwegian Spirit
- 17 dining choices and 10 bars & lounges
- 1 night stay in Barcelona hotel with breakfast
- \$100 on board spend per stateroom

Prices from	Inside Stateroom	Outside Stateroom	Balcony Stateroom
January 2015	£719	£829	£1049
February 2015	£639	£699	£1099
March 2015	£719	£799	£999
April 2015	£1039	£1159	£1389





Krakow

Krakow is fast becoming a popular city break due to its richly varied history and culture. The Old Town showcases many picturesque architectural sights and historic attractions, and during the evening, the town square becomes a pretty display of soft lights and alleyways home to numerous bars, shops and cafes. Whilst in Krakow you can explore the Wawel Royal Castle, St Mary's cathedral, the Barkbakan, the Jewish quarter and Oskar Schindler's factory

Price includes:

- Return flights from London, regional departures may be available at a supplement
- Flight tax & fuel supplements
- Three-nights centrally located accommodation
- Bed and Breakfast

Departing	Prices from
January 2015	£159
February 2015	£159
March 2015	£159
Anril 2015	£209



Prague

Visit Prague, the capital and largest city of the Czech Republic and located alongside the Vltava River. Prague is home to a number of famous cultural attractions including Prague Castle, the Charles Bridge, Old Town Square, the Jewish Quarter, the Lennon Wall and Petřín hill. Since 1992, the extensive historic centre of Prague has been included in the UNESCO list of World Heritage Sites.

Price includes:

- Return flights from London, regional departures may be available at a supplement
- Flight tax & fuel supplements
- Three-nights centrally located accommodation
- Bed and Breakfast

Departing	Prices from
January 2015	£169
February 2015	£159
March 2015	£159
April 2015	£199



Rome

Marvel at the Colosseum, throw a coin into the Trevi fountain or visit the Vatican where you can wander through St Peter's Basilica and admire Michelangelo's stunning frescoes in the Sistine Chapel. Rome is simply one of the most beautifully rich cities in the world to visit to enjoy a three night stay at a centrally located hotel.

Price includes:

- Return flights from London, regional departures may be available at a supplement
- Flight tax & fuel supplements
- Three-nights centrally located accommodation
- Bed and Breakfast

Departing	Prices from
January 2015	£159
February 2015	£159
March 2015	£159
April 2015	£189

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The roll-top bath is the star'

Make a favourite item the focal point of your room, as Debbie Chadwick has done

FOR WHERE TO BUY ITEMS SHOWN. TURN THE PAGE

hen Debbie Chadwick bought her cottage in Brighton, East Sussex, redesigning the bathroom was her priority. However, instead of rushing into it, she took her time,

turning to magazines and the internet for inspiration while saving money for the project.

Debbie wanted a Zen-like bathroom where she could really relax and she also wanted to create a look that she could eventually update without a huge amount of expense, but first she had to tackle the layout. 'The window is the first thing you see when you walk into the room and to make the most of it, a new layout was essential,' says Debbie. 'I thought moving the loo and installing the bath underneath the window would give a bit of a wow factor and create more visual space. Thankfully my builder assured me that doing these things was possible.'

Once the layout was decided, Debbie turned her attention to the look of the room. 'I decided MDF panelling would be a good choice, as I'll be able to change the colour scheme with paint instead of having to retile the whole room,' she explains. 'Good light was important too. The space is lovely and bright in the daytime thanks to the window and a skylight, and it's a soothing place to be in the evening, with the lighting dimmed to create a tranquil atmosphere.'



Take the 60-SECOND TOUR

THE PROPERTY

A two-bedroom, Victorian, former railway worker's cottage in Brighton, East Sussex, bought in July 2011.

WHO LIVES HERE Debbie Chadwick.

WHAT SHE DID

Debbie relocated the loo to the opposite side of the room and made space for a walk-in shower by relocating the boiler. She had the floor reinforced for the cast-iron bath, which was fitted beneath the window, the walls were replastered then panelled, the shower was tiled and a ceramic floor was added.

THE LOOK

Vintage with a modern twist. The roll-top bath has been teamed with a modern basin, a wall-mounted loo and a freestanding shower.

LESSONS LEARNED

66 Moving a loo isn't always a problem. My builder rerouted pipes so I could have it where I wanted it. THE LAYOUT The basin and the loo are on the left, while the bath is opposite the door under the window. The shower is behind the door on the left











and you can

repaint it when

you like

Traditional fitting
A bath-shower mixer tap makes
it easier for Debbie to clean the
bath, as well as wash her hair

How I did it

66 I came up with some layout ideas for my builder,

who told me he could move the loo if I wanted. It wasn't possible to run the soil pipe under the floor due to the joists, so he rerouted it along the outside of the building to avoid ugly pipework. He also ripped out the old suite, the tiles and the boiler – a new one was fitted in the kitchen. The builder then tiled the room, installed the basin, loo, shower and bath, and panelled and painted the walls. The work took just over three weeks and cost £4,750.'



Cohesive look
'Although the taps on the shower, basin and bath were bought from different places, the styles match,' says Debbie

BATHROOM SOURCEBOOK WHERE TO BUY

Millbrook cast-iron bath, from £675, The Cast Iron Bath Company. Shower panels, £575, Brighton And Hove Glass Company. Ultraslim Eco shower tray (1200 \times 800), £79.99; traditional thermostatic triple-valve shower set, £307; all Victoria Plumb. Beaumont bath shower mixer, £156, Cannadines Bathrooms Saneux Jones washbasin, £435, UK Bathroom Store. Marflow basin mixer taps, £357, St James range, Modern Homes Bathrooms. Euro Mono wall-hung pan, £179, Bathstore. White Gloss wall tiles, £19.95 per sq m; for similar floor tiles, try the Carrara marble-effect, £43.75 per sq m; all Walls and Floors. MDF panelling, £23.61 per sq m, Wickes; painted in Cornforth White Estate Eggshell, £51 for 2.5ltr, Farrow & Ball, For a similar mirror, try the Windlesham, £235, The Chandelier & Mirror Company

FOR DETAILS TURN TO OUR SHOPPING DIRECTORY FEATURE FIONA MITCHELL STYLING MAXINE BRADY PHOTOGRAPHS JAMES FRENCH PLAN PERSONA+ID

Ideal Home Travel

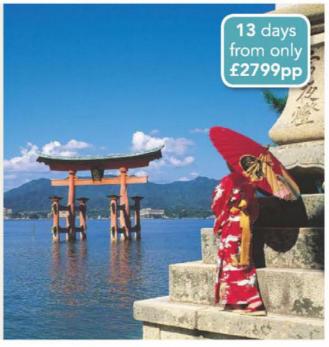
Japan - land of the rising sun

Departures from April to October 2015

Japan - an ancient culture of emperors, fierce shoguns, samurais and brutal martial arts. Yet it's also a place of gentle geishas, colourful kimonos, exquisite garden design and Zen Buddhism. How did a country so deeply rooted in such diverse heritage become one of the most modern and advanced economies on the planet? Pondering such questions is what makes a trip to Japan so incredibly rewarding. Having travelled there once, you'll feel almost hypnotically drawn back to this truly enigmatic country.

- Return flights from London Heathrow
 Stay in hand-picked four-star hotels, with daily breakfast and three meals
- See the famous sights of Tokyo the Meiji shrine, Omotesando Street, fashion-setting Harajuku and the Akihabara electronic town
- · Visit the Nikko National Park, with its Shogun-era architecture and a UNESCO World Heritage site
- · Take a scenic boat trip from Tokyo's traditional Asakusa to the luxury shops of Ginza
- · Enjoy views of Mt. Fuji from Lake Kawaguchi and the hot-spring mountain spa resort of Hakone
- See the volcanic Owakudani 'Boiling Vailey' by aerial gondola
 Travel at 189 mph on the incomparable bullet trains
 Visit to Hiroshima's Peace Park and museum

- Experience the 300-foot Kegon Falls and Lake Chuzenji
- Tour Kyoto, former Imperial capital and essence of traditional Japan with wooden houses, geishas, temples and Zen gardens
- · Guided tour of Nara, Japan's first capital with its huge bronze Buddha
- Opportunity to stay the night in a 'Ryokan', a traditional Japanese Inn
- Opportunity to learn origami, traditional flower arranging or Japanese cooking
- Escorted by our experienced tour manager





Victoria Falls, Botswana Safari & Cape Town

Departures from February to November 2015

- Return flights from London Heathrow
- · Excellent quality, hand-picked three and four-star hotels, with breakfast and five dinners
- Experience the stunning Victoria Falls, with an optional helicopter flight
- · Watch the fire-red sunset over the mighty Zambezi River during a sundowner cruise on the 'African Queen'
- · Explore Botswana's vast Chobe National Park, one of the world's most outstanding game reserves
- Stay four nights in cosmopolitan Cape Town
 Full-day tour to the Cape of Good Hope, see where two oceans meet experiencing unique flora and fauna, including Africa's only penguin colony

 Tour the Western Cape's Wineland's with its manicured
- scenery of endless vines, plus a visit and tasting at a 300-year old winery
- · Escorted by our experienced tour manager



Grand tour of China

Departures from June to November 2015

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- · Visit to the Temple of Heaven and the imperial gardens at the Summer Palace in Beijing
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- See the world-famous Terracotta Warriors
- Visit to the Chengdu Panda Research Centre
- Enjoy the bright lights and shopping of Shanghai
 See the man-made Longshen Rice Terraces
- Cruise the world-famous Li River surrounded
- by thousands of limestone peaks
- Daily breakfast and thirteen meals included plus
- a Peking Duck banquet
 Escorted by our experienced tour manager



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Departures from January to November 2015

Price includes

- Return flights from London Gatwick
- · Four and five-star hotel accommodation with breakfast, plus five meals
- · Stay and tour Phnom Penh, 'Pearl of Asia'
- · Visit the ancient city and temples of Cambodia's Angkor, one of the world's greatest ancient sites
- · Tour of Vietnam's capital Hanoi by cycle rickshaw, including the Temple of Literature, colonial belle-époque villas and Ho Chi Minh's mausoleum
- Take a cruise aboard a converted Chinese junk in Halong Bay's beautiful limestone archipelago
 Visit the awe-inspiring Citadel and Forbidden City in
- Hue, Vietnam's former imperial capital
- Stay in the heart of exciting Saigon visiting the Cu-Chi tunnels, a poignant reminder of the US-Vietnam conflict
- Enjoy a full day cruising the Mekong River delta, the world's 10th largest river system

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WHY WE LOVE IT... We put so much care into choosing the right filter and tweaking that tilt shift that we rightly want to show them off - and not just through an online feed.

PRODUCTS WE LOVE... Besides Instagram prints you can order through the likes of polargram.com and instaprnt.co.uk, there are stickers and magnets from Sticky9, while the Projecteo lets you share your best images BIG on the nearest wall.



This tiny projector comes with a coupon for a free slide wheel of nine of your favourite Instagram shots to beam onto your walls

Projecteo, The Fowndry



DULY NOTED Choose an Instagram pic for each page, then use to jot down your musings. I love its exercise-book feel and retro, rounded corners Photo journal with personalised cover, PhotoBox



MAGNET MOMENTS Pimp your fridge with this set of nine magnets - available in two sizes - made from your Insta-pics Magnets, Sticky9

GIRL ABOUT TECH'S MANIFESTO

We believe that tech should...

- Make your life easier
- Be super-simple to use
- Stand the test of time
- Look good and work brilliantly



Panasonic oven and hob

This stunning cooking combo will bring you several steps closer to culinary perfection

FEATURES WE LOVE

The induction hob's
Genius Sensor notices
if you've turned your food or
added ingredients to the pan,
and increases the power until
the contents reach the set
temperature again.

A timer that counts down from a set time and turns off the zone when it reaches zero means you'll never worry that you've left the hob on.

Its smart safety features
protect the clumsiest cook.
They include a child lock, an auto shut-off that kicks in if a

pan boils over, a lock that disables the control panel for 20 seconds for cleaning and a 'pause' button that brings everything to a low simmer when you have to answer the door or deal with the kids.

Slide-out telescopic rails inside the oven support all three of its shelves, so you won't burn yourself in a juggling act with a hot dish.

The oven's pop-out dials, which command the temperature and function, are ideal if you find touch controls temperamental.



WHAT GEEK GIRLS KNOW

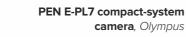
Social media is bringing like-minded people together in amazing ways – I can type #knitsocks into Instagram and discover the patterns that, say, Norwegians are using. Previously, I'd have had to get on a plane

to Norway and find a knitting club to do that!

PR SUE BLACK, COMPUTER SCIENTIST AND FOUNDER OF #TECHMUMS

Because it's beautiful

Are you ready for your close up? With its flip-down screen for selfies, this beautiful camera certainly is. For ultra-professional results, you can set it up to face you, then use the companion app to take a still or shoot video with a tap of your smartphone. It also has a lightweight body, art filters and a Live Guide to preview the effects of changing different settings like aperture.





DID YOU KNOW?

59% of UK shoppers use smartphones to check prices online before purchasing items in a store

3 million
British women
store beauty items,
such as nail polish
and face masks,
in their fridge
Sources: Samsung and Vouchercloud

The hi-tech way to... play

Keep everyone in the family entertained on rainy days



Carry on gaming

PlayStation TV, Sony

This sends PlayStation games to a TV elsewhere in the house, as well as streaming PSP and PS Vita games



Rocket robot

Sphero Ollie, *Firebox*Controlled by an app for Android, iPhone and iPad, this robust robot can perform tricks at up to 14mph



Crack the code

Gamer kit, *Technology Will Save Us*Build a console from scratch, then learn to write the code to play games like Snake and Tetris on it



Figures of fun

Skylanders Trap Team starter pack for Wii, Argos

Place the collectable figurines on the 'portal' supplied and watch them come alive within this game

Ideal Home Travel

8 days bed & breakfast from £1,049pp



Baltic Capitals Tallinn, Riga and Vilnius

Departures from Jun to Sep 2015

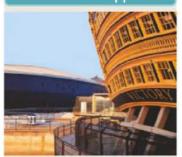
The capital cities of the Baltic states of Lithuania, Latvia and Estonia are packed full of wonderful sights, friendly people and an intriguing heritage. On this tour you will stay in the city centres allowing you to delve deeper into their fascinating history and culture.

Price includes

- Return flights from London Gatwick to Tallinn via Riga, returning from Vilnius via Riga
- Seven nights' bed and breakfast accommodation at four-star hotels
- Walking tour of each capital and free time to explore independently
- Visits to Pärnu, Estonia's 'summer capital' and the 18th century Rundãle Palace
- Tour manager throughout



3 days bed & breakfast from £329pp



The Mary Rose Private viewing

Departures from Apr to Oct 2015

The Mary Rose lay on the seabed of the Solent from when she sank in 1545 until her rediscovery in 1971. Her salvage in 1982 uncovered a Tudor time capsule. Don't miss this incredible opportunity to discover her fascinating story with a private evening viewing at the Mary Rose Museum



Price includes

- Two nights' bed and breakfast at the four-star Marriott

 Portsmouth
- Welcome reception, two dinners at the hotel and two
- Private drinks reception at the Mary Rose Museum hosted by Christopher Dobbs from the Mary Rose Trust
- Visits to Portsmouth Historic Dockyard, Southsea Castle and Fort Nelson
- Tour manager throughout

7 days bed & breakfast from £599pp



Provence

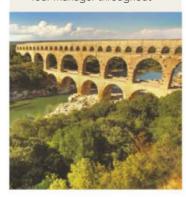
Timeless Beauty

Departures from Apr to Nov 2015

Provence offers the ultimate romantic portrait of France.
Brimming with beautiful scenery, wonderful historic sights, elegant cities, delicious food and regional wines, it is an irresistible region to explore.
Visits include the Pont du Gard, Aix-en-Provence, Arles, and the Camarque.

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- Free day to relax or explore independently
- Transfers and full coach touring itinerary
- Tour manager throughout



11 days bed & breakfast from £1,849pp



Cuba

Havana, Cienfuegos, Viñales Valley

Departures from Jan to Mar 2015

Verdant jungle, lovely beaches and the fading colonial grandeur of cities are only part of the story of a nation shaped by revolution – Cuba has retained an air of mystery that makes every day full of fascinating discoveries.



Price includes

- Return flights with Virgin Atlantic from London Gatwick to Havana
- 10 nights' bed and breakfast accommodation in Havana, Cienfuegos and Viñales Valley
- Five dinners including a farewell meal
- Full touring itinerary including Havana, Cienfuegos, Trinidad, Santa Clara and the Viñales Valley
- Tour manager throughout

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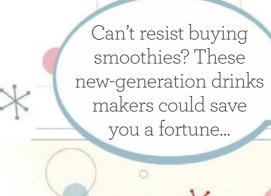
...handy healthy drinks maker

If, like me, you need a little help in switching from the December diet of mince pies and fizz to something more virtuous, then behold the Nutribullet. The love child of a juicer and a blender, and smaller than both, it has a super-powerful motor that pulverises fruit and veggies including tough stems, skin and seeds - resulting in the most nutritious drink possible. It's incredibly easy to use, and you can glug your blended juice or smoothie straight from the cup it's mixed in.

GIRL ABOUT TECH, TECHNOLOGY EDITOR AND BLOGGER











 \triangle More than drinks Fruit Sensation BL142A42, Tefal

GIRL ABOUT TECH SAYS 'This mini blender has three attachments to blend, chop and grind. Each one comes with a lid, so you can pop them in the fridge'



 \triangle Smooth operator Smoothie 2GO SB056, Kenwood

GIRL ABOUT TECH SAYS 'Two speeds plus a pulse give this the same precise control as a full-size blender, then swap the blades for a drink-through lid for a portable treat'



 \triangle Gym buddy Mix and Go, Russell Hobbs

GIRL ABOUT TECH SAYS 'Kick-start your health regime with this fuss-free compact blender. Simply whip up a smoothie in one of the two bottles included, and you're set'

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You'll love this...

Easy-to-personalise

smartwatch



We saw it coming, but now the smartwatch revolution has finally begun. Beam me up, Scotty!

Apple watch, from \$349 (UK price yet to be confirmed)

Until recently, only Captain Kirk could communicate via his watch, but that's all changing. The Apple Watch - available in early 2015 - connects wirelessly to your iPhone, so you can use it to take calls, get directions, scroll through your Facebook feed and measure your activity using its pedometer and heart-rate monitor. Plenty of strap and face options mean you can really make it your own.

GIRL ABOUT TECH, TECHNOLOGY EDITOR AND BLOGGER

make it a chunky

over 1,000 apps,

including Nike+

beast. Still, it's got

£329





FOR WHERE TO BUY ITEMS SHOWN. TURN TO OUR SHOPPING DIRECTORY £199 £200 *Samsung* **3 Gready Gear S**, Samsung \lhd Personal ∠life proof 360, Motorola assistant ZenWatch **GIRL ABOUT TECH GIRL ABOUT TECH** WI500Q, Asus SAYS 'Holds its own SAYS 'I'm drawn to **GIRL ABOUT TECH** this model's elegant 3G SIM, so you can SAYS 'Enable the use it away from round face, which your smartphone, **Presentation Control** is protected by but this and the feature to use this super-tough glass, large 2in screen watch as a remote and its not-too-silly

control and time

manager when

giving a business presentation'

OR TRY ONE OF THESE SLEEK SMARTWATCHES

price tag. It runs a

simple version of Android and can be

worn in the shower

Girl About Tech explains...

Top-notch hi-res audio

For years, the quality of the music we listen to has been going down, but with high-resolution audio, you'll hear what you've been missing

WHAT IS IT? Do you remember upgrading your TV to an HD set? Well, think of high-resolution audio as the musical equivalent, with sound as close as possible to what the artist recorded in the studio. There's no set-in-stone definition of high-resolution audio as yet, but it's often talked about as 'better than CD quality'. The very best music is essentially a copy of the studio master.

WHY DO I NEED IT? Formats like MP3 make it much easier to buy, listen to and store our favourite tunes, but they compromise the quality of the music. That's because to make digital files small enough to fit onto your music player or to be streamed quickly over

the internet, the music has to be heavily

compressed. When audio files are condensed into a format like MP3, a lot of the information that was captured in the original studio recording can get lost. That doesn't mean a particular cymbal or backing vocal suddenly goes missing – it's subtler than that – but the general consensus among audio geeks is that heavily compressed files don't sound as natural to the human ear.

New technologies and faster broadband speeds, however, are paving the way for larger 'lossless' music files – in formats like FLAC and Apple's ALAC, rather than MP3 – that don't lose the audio detail of the original analogue recording. This means they can sound incredibly realistic, as though you're listening to a live performance.





16-bit files are CD quality, whereas

24-bit, studio-master files capture music as the artist intended it to be heard. Try describing something in 16 words, then again in 24 words. More bits 'spell' a more accurate description

GILAD TIEFENBRUN,
MANAGING DIRECTOR, LINN PRODUCTS

THINGS TO KNOW ABOUT HIGH-RESOLUTION AUDIO

YOU MIGHT NOT NEED IT

If you're listening to your favourite playlist at the
gym or on the bus through the headphones that
came with your phone, standard MP3s are just fine.
In fact, many people won't ever be able to differentiate
between MP3 and better-than-CD quality – and if that's
the case, you should save your money. But, if you're
serious about music, want a really dynamic, less 'flat'
sound, and have some decent hi-fi equipment and
headphones, high-resolution audio is worth a listen.

IT'S ALL ABOUT THE BITS

If you're streaming music via Spotify or downloading it from iTunes. I the files will have a much lower bit rate than that of a CD or the original studio recording. The bit rate is the number of bits encoded in the file every second and can be the difference between music that sounds OK and OMG. The average bit rate of an MP3 is between 96 and 320Kbps (kilobytes per second), while a CD will have 1,411Kbps, and studio quality is much higher still.







Imagine this sound wave is a second of live music

16-bit CD quality might capture this much detail...

...but 24-bit studio quality will capture even more

YOU CAN BUY MUSIC ONLINE

High-resolution audio hasn't reached iTunes or Spotify yet, but you can download master-quality albums from other sites. such as Linn Records or HDtracks. Alternatively, you could stream 'True CD-quality' music from Qobuz for £19.99 a month.

YOU'LL NEED THE RIGHT KIT

The first thing on your list will be a computer or music player

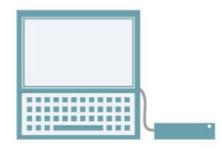
loaded with high-resolution tracks. As the files can be pretty hefty size-wise, you might want to store them on a separate hard drive. Whatever device you're using to manage your music, it should have software or an app that recognises different high-resolution files – Android phones and PCs running Windows Media player should be fine, but iTunes can't handle FLAC files yet, so you may need to download another program. Alternatively, look for Apple-friendy ALAC files. Finally, invest in a speaker or music system that's happy dealing with high-resolution audio files (see right).

YOU MIGHT NEED A DAC

Your music player will use a DAC (digital-to-analogue converter) to decode a digital file

into music your ears can understand. High-resolution audio speakers and players will have a top-quality DAC on board, and some smartphones, including the LG G3 and Sony Xperia Z3, do a decent job. However, if you're plugging your headphones into an average smartphone or laptop, you'll need to connect a headphone amp to your device via USB, then plug in your 'phones to hear the difference.





WI-FI BEATS BLUETOOTH

The problem with Bluetooth is that it's not very good at

handling large music files. So, while it's happy with MP3s, it struggles to send anything bigger from your phone to your Bluetooth speaker or headphones. AptX is a new type of Bluetooth that's better at transmitting larger audio files, albeit currently of CD quality rather than a studio master. For the best quality when streaming music wirelessly, use Apple Airplay or Wi-Fi.





Best for: An upgrade Minx Xi digital music system,

Cambridge Audio

Hook it up to a decent set of speakers or headphones and a laptop full of highresolution music files, and it will do all the hard work, making every track sound crisp with its built-in DAC and amplifier



Best for: Multiroom music

Music Flow H5 Wi-Fi speaker, LG

This speaker's dynamic DAC can handle 24-bit music files a treat and you can link the H5 to other Music Flow speakers for hi-res listening in every room



Best for: Nonstop tunes

Mu-so wireless speaker, Naim range, John Lewis

Streams better-than-CD-quality music from smartphones and tablets connected to your Wi-Fi network. Spotify Connect is built in, so you can stream music and use other apps at the same time



Best for: Taking on the move

NWZ-A15 Walkman music player, Sony

Enjoy top-quality music out and about. It has 16GB of storage, but you can add more songs with a memory card

£169

Meet the brand

Nearly 70 years in the making, this family firm remains true to its inventive roots





When I met Alex Gort-Barten, the grandson of Dualit's founder Max, I got a taste for the attention to detail behind the brand's success. He showed me Max's early designs before explaining how he and his dad Leslie make prototypes with the help of a 3D printer. And, apparently, while many Dualit products are now made in China. its Classic toasters are handbuilt in the UK - and painted by a chap called Brian!

GIRL ABOUT TECH.

TECHNOLOGY EDITOR AND BLOGGER

2 MORE HERO DESIGNS

FOR WHERE TO BUY ITEMS SHOWN. TURN TO OUR SHOPPING DIRECTORY



Captain crunch

Heritage NewGen four-slice toaster in Hicks Blue, Dualit

GIRL ABOUT TECH SAYS

'Hand made from more than 140 replaceable parts, this toaster is fully repairable and the sandwich cage, £15.35, delivers the tastiest toasties'



Handy helper 700W hand blender, Dualit

GIRL ABOUT TECH SAYS

'You'll really appreciate the different design details, from the anti-suction blending stick to the drain holes in the dishwasher-safe jug and chopping bowl'

A BRIEF HISTORY OF DUALIT

1945 Max **Gort-Barten** buys a factory to make his inventions. He names his company after his Dual-Light electric fire

1952 Makes a commercialuse toaster that is the first to feature a built-in timer



1964

Early Seventies

1974

Dualit toasters go on sale at Fortnum & Mason, Harrods and John Lewis

1989 Max is awarded a CBE for services to manufacturing

1989

1999 Leslie and Max use space-shuttle technology to develop a replaceable toaster element

2008 The Espressivo bar-pump coffee machine joins the range



1945

1946 Max patents

his first successful product a flip-sided toaster

1952

1964 Max adds other items to his range. such as a waffle iron

1974 Max steps down as managing director and his son Leslie ioins the business

2006 A cheaper range of

1999

Lite toasters and food-prep appliances is launched

2014 Dualit launches a kettle with a replaceable element and its Stoneware range of kettles and toasters

2008



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USB for





reddot award 2014



* Make party drinks special, page 134

* Create your own family tree, page 136

* Get ready for cold weather, page 138

* Store emergency numbers, page 138

* Deep clean your bin, page 140



ANUARY

Mix up an easy cocktail

Hip mixologists are shaking things up with exciting recipes and unusual ingredients that you can use at home

ADD SOME SALT Traditionally used to rim glasses of margarita, salt is now breaking out as a cocktail ingredient in its own right. Salt can temper bitterness, balance acid and make flavours pop it's a bit like when you add salt to food. Why not try? The Salty Bird.

Ingredients 1½ shot rum, ¾ shot Campari bitter, 1½ shot fresh pineapple juice, ½ shot fresh lime juice, ¼ shot sugar syrup and a pinch of salt.

How to make Shake all the ingredients with ice, then strain into an ice-filled long glass.

FORAGE FOR INGREDIENTS The concept of 'forage-to-glass' is fast I catching on as mixologists turn to nature-inspired recipes. The countryside and greener parts of urban areas are all ripe for picking. Look out for blackberries, sloe berries, crab apples, dandelions and herbs, and use for infusions, syrups and garnishes. Avoid anything that might have been sprayed with weedkiller and if you're unable to identify something, don't eat it.

Why not try? Sloe Motion.

Ingredients Glass of sparkling wine or Champagne, ¾ shot sloe gin, twist of lemon zest or slice of lemon.

How to make sloe gin Half fill a sterilised, sealable bottle with frozen sloe berries, top up with gin, seal the bottle and shake. Leave to infuse for two months, shaking every few days. Strain through a fine sieve and add caster sugar to taste. Bottle and leave for at least a month.

TRY JAMS AND PRESERVES Instead of using sugar syrup, add

a dollop of jam to give a cocktail a sweet, fruity flavour. It's also a great way to use up the last of your summer preserves.

Why not try? Marmalade Cocktail Ingredients: 4tsp orange marmalade, 2 shots gin, ½ shot fresh lemon juice, twist of orange zest.

How to make Stir the marmalade into the gin until most of it has dissolved. Add the lemon juice, shake with ice and strain into a chilled glass. Garnish with a twist of orange zest.

Download this ...

COCKTAIL FLOW (iOS, Android and Windows Phone, free)

Browse hundreds of cocktails including ones for special events, including Christmas. It also has a cost-estimate calculator to help with party budgets and you can select drinks already in your cabinet for cocktail suggestions.

How to... MAKE YOUR OWN SOUR MIX

Add a zesty tang to cocktails with this home-made citrus creation



1 Combine 1 cup water and 1 cup sugar in a small saucepan and simmer until the sugar has completely dissolved.



2 Turn down the heat to its lowest setting. Pour 1 cup strained lemon juice and 1 cup strained lime juice into the sugar syrup.



3 Remove from the heat and leave the mixture to cool before straining and funnelling it into an airtight glass bottle.



4 Stick a home-made label onto the bottle and pop a pourer in. Try the stainless-steel free-flow pourer. £1.99, Drinkstuff.com.



Try something new...

Research your family tree

Track down your ancestors to discover where you come from

HOW DO I GET STARTED?

 \mathcal{L} Sitting around chatting with family at Christmas offers a valuable opportunity to find out more about who and where you come from. Family secrets and stories are often shared as people relax and the wine flows, with the older generation often very happy to have a willing audience for their tales. Have a notebook or a voice-recording app on your phone, such as Dictaphone -Audio Voice (iPhone, iPad, free), ready to record the details so you can go back and listen to them later. Contact other relatives to see if they know of any descendants, then start recording the information online using genealogy software, such as Legacy 8.0, Family Historian 5 or Reunion 10.

WHAT DO I PUT ON MY TREE? Fill in your online family tree template with as many relatives' details as you can, starting with your name and date and place of birth at the bottom and any siblings either side. If you're married, your spouse's name goes alongside you, linked with an 'm' or '='. Put any children beneath, with a 'b' and their date and place of birth. From your name, branch up to your parents' and their information, and above them your grandparents' names and birth dates.

HOW DO I GET CERTIFICATES? To find and verify information, you will need birth, marriage and death certificates,



and the census. Certificates cost £9.25 each from the General Register Office for England and Wales (gro.gov.uk) - the GRO has records from 1836 onwards, which are held online. Digitised indexes can also be searched by name on ancestry.co.uk, findmypast.co.uk, freebmd.org.uk, genesreunited.co.uk or ukcensusonline.com. With censuses, households had to complete forms on a specific night every decade dating from 1801 (except 1941), providing a snapshot of the household. The information from these forms was then copied into books and arranged by district. These have since been digitised, making it easier to search for people as you can look by name, age, place of birth and residence.

WHERE ELSE CAN I FIND **RELEVANT INFORMATION?** For

searches before the Victorian era, parish registers are your best bet. Some are online, while others are stored locally on microfiche. Contact a church in the parish you are interested in. Wills are also a good source of information. Try The National Archives (nationalarchives.gov.uk) or the National

Probate Calendar on Ancestry (ancestry. co.uk). Obituaries in newspapers (britishnewspaperarchive.co.uk), military records (ancestry.co.uk) and the National Archives' Historic Hospital Admission Records Project are also good places to try.

HOW FAR BACK WILL THE TREE GO? It'll depend on the records - some were destroyed in the war, plus the further back you go the fewer of them there are. However, most people in the UK should be able to trace their families back to the beginning of public records in 1837.

TRACE YOUR TREE

Dusty archives are in the past go online to grow your branches

USEFUL WEBSITES

- Ancestry.co.uk (census returns)
- Britishorigins.com
- (geneology records)
- Findmypast.co.uk (access to the
- Civil Registration Index for England
- & Wales, census records, directories)
- FreeBMD.org.uk (index of
- births, marriages and deaths)
- Scotlandspeople.gov.uk (official Scottish genealogy resource)

HANDY APPS

- Who Do You Think You Are? Forum (iPhone, iPad, Android, £4.99). An online genealogy community
- MyHeritage (iPhone, iPad, Android, free). Create your tree and upload pics
- Find A Grave (iPhone, iPad, free).
- Search for graves worldwide
- Historypin (iPhone, Windows, Android, free). Search for images uploaded by museums and archives

Our favourite... FAMILY TREE ARTWORK



Family photos tree

wall sticker, £79.99.

SirFace Graphics



Family tree photograph print, £28, WikWak range, Notonthehighstreet.com



Personalised family tree print. £60. This Is My Map



Be prepared for ... winter's worst

Troubleshoot your way through the chilliest time of the year

Sways to survive a cold spell

PROTECT PIPES If you're going away, stop pipework freezing by having the heating on continuously at a minimum of 10°C or set it to come on twice a day. Also, ask a neighbour to check on your property while you are away.

Think about what you might need in a power cut, such as extra batteries, torches and candles.

Also, keep electrical items, such as mobile and cordless phones, tablets, laptops and electric toothbrushes, well charged all the time just in case.

stay cosy Check where draughts are coming in and, if necessary, get draught excluders. Also, have blankets, thick socks and gloves in one easily accessible place, ready to use if a power cut occurs and you have no heating.

Cat litter or sand sprinkled around car tyres will help to get you out of an icy jam. If this doesn't work, place car mats in front of the tyres to provide traction, then gently accelerate. Keep de-icer close to hand for thawing frozen locks.

Reach out to vulnerable, elderly neighbours by checking in on them. Ask if their home is warm enough, offer to make them a cup of tea or help with their shopping, or give them a lift if they need it.

GET WEATHER-READY

Create handy kits for your house and the car, and make sure everyone knows where to find them

KIT FOR YOUR HOME Gather these essentials together now so you can grab them in an emergency, such as a power cut or boiler breakdown.

- Non-perishable foods, such as tins, cereal and energy bars Torch with new and spare batteries Candles
- Matches Three-day supply of bottled water Essential medication
- First-aid kit Spare keys to the house and car Cash Hot-water bottles Blankets and warm layers Duct tape
- Heavy-duty plastic sheeting Extra baby and pet supplies (if needed)

KIT FOR THE CAR In wintry conditions, you should try to travel with as full a tank of petrol as possible and a fully charged mobile phone. Here are a few extras to pack, too.

- Breakdown membership card/number
- In-car mobile-phone charger Ice scraper and de-icer Antifreeze
- Torch with new batteries and spares



- Hand warmers Bottles of water
- Emergency space blanket Snacks- chocolate and cereal bars Reflective
- warning triangle Grit or cat litter to melt snow ■ Rain poncho ■ Highvisibility vest ■ First-aid kit ■ Cash NB Adapt the lists to suit your location

NB Adapt the lists to suit your location, the weather and size of your household.

CALL ON THE RIGHT PEOPLE

Fill in the gaps, cut out and keep by the phone just in case

PROBLEM	CALL	NUMBER/WEBSITE
Power cut	Your local Distribution Network Operator	Call 0800 404090 or go to 2.nationalgrid.com/UK/Safety/Power-cut/
Frozen or burst pipes or boiler problems	A local plumber	Search ratedpeople.com for a reputable recommendation or call your regular plumber NAME
Need to make a claim on your home insurance	Your home-insurance company	NAME
Feeling unwell but not an emergency	NHS 111	Call 111 24 hours a day, 365 days a year, for fast medical help for urgent but non-life-threatening situations
Worried about floods in the local area	Floodline	Call 0345 988 1188 or go to gov.uk/check-if-youre-at-risk-of-flooding
Can smell gas	National Gas Emergency Service	Call 0800 111999 or go to nationalgrid. com/uk/Gas/Safety/Gas+Emergency/



* Prevent car doors from freezing

by spraying the rubber gasket with an oil-based cooking spray or try only shutting the door to the first click, so it's not flush to the body, then locking it. Your car is still secure but this should prevent doors freezing up

3 OF THE BEST SOS BUYS



BACK-SEAT BLANKET Safari check cotton blanket, £30, Cath Kidston



EMERGENCY SERVICE Enamelled first-aid box in Chalk, £30, Cox & Cox



NO BATTERIES NEEDED Wind-up lantern in grey, £10, National Trust

Tarkle a tark... Blitz the kitchen bin

After the holiday season, your much-used bin will need a thorough clean. Banish lingering smells and traces of unknown food, and bring it back to its former glory

ESSENTIAL KIT

Keep these tools at the ready and try to tackle your bin once a month

- Rubber gloves
- A hose or a garden watering can
- Multipurpose antibacterial cleaner
- Nylon bristle brush
- An old towel or paper towels

PICK OUT PARTICLES

 \perp Don your rubber gloves, as this is one of those tasks that can get a bit icky. Remove the bin's lid and set it aside. Empty the bin of any food debris festering at the bottom.

O HOSE IT DOWN Take \(\square\) your bin outside and, using a hose pipe, spray it inside and out with water. If you don't have any outside space, then do it in the bath and use a shower head or watering can. Pat the bin dry with an old towel or paper towels.

○ BANISH BACTERIA

O Spray a multipurpose, antibacterial cleaner liberally all over the bin. Pay special attention to the rim and bottom, where bacteria tends to gather, and don't forget the underside of the bin as well.

GET SCRUBBING

Using a long-handled, nylon-bristle brush (or a brand-new loo brush) give the bin a good scrub, then let the cleaner sit for five minutes. Meanwhile, tackle the lid.

RINSE AND DRY Wash the cleaner from your bin and its lid thoroughly using the hose or watering can. Wipe down the inside and outside of the bin using either a towel or paper towels. Alternatively, you can leave it to air-dry.



TOP TRICKS TO

blitz the bin



Empty, clean and disinfect your bin regularly to avoid a build-up of bacteria



Opt for a pedal bin, so hands don't often need to come into contact with the lid



Sprinkle bicarbonate of soda in the bottom of the bin to absorb odour and moisture



Buy the best bin bags you can afford - goodquality ones are less likely to split and leak



Get waste-wise with these reliable buys





Banish the smell Use instead of chemicals as an ecofriendly odour neutraliser Bicarbonate of soda, Dri Pak range, Amazon.co.uk



Keep it contained

Choose thick bags with strong ties - they won't split and food won't fall out Tie-top dustbin liners, Lakeland

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Cross Stitch Cushion Kit - Snowflakes, £40.45 TBRA14IA001F

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SERVES 6 TAKES 40MIN PLUS CHILLING TIME COSTS £1.15 PER SERVING

■ 25g butter, slightly melted and then cooled but not chilled ■ 225g plain flour ■ 2½tsp baking powder ■ 1tsp caster sugar ■ 250ml milk ■ 2 eggs ■ Sunflower oil, for brushing ■ 2 rashers of maple-cured bacon ■ 6tbsp grated Monterey Jack or Cheddar cheese

Maple syrup, to drizzle

1 Use a balloon whisk to mix the butter, flour, baking powder, caster sugar, milk, eggs and 1tsp salt. When well combined, cover and chill in the fridge for 30min.

2 Brush a nonstick frying pan with oil, then when the pan is hot, add a couple of dollops of pancake batter. When bubbles appear on the surface, turn the pancakes

over and cook until golden. Remove the pancakes from the pan and put greaseproof paper between them, then cover with foil. Repeat until all the mixture has been used.

3 Meanwhile, grill the bacon until crispy. Stack the pancakes and bacon on plates with cheese sprinkled in between. Drizzle maple syrup on top and serve immediately.



Salt beef open sandwich

SERVES 6 TAKES 15MIN **COSTS** £2.33 PER SERVING

- 1kg salt beef, as a joint or ready sliced ■ 4tbsp Dijon mustard ■ 4tbsp crème fraîche 1 sourdough loaf, thickly sliced 285g mixed cornichons, sliced in half, and pearl onions
- 1 If you've bought a joint of beef, carve it across the grain into even slices. 2 Mix the mustard and crème fraîche. Spread each slice of the sourdough with the mustard mix, then top with the salt beef and a few cornichons and onions. **3** Serve the sandwiches with extra sauce, cornichons and onions on the side.

Cook's tip Visit goodtoknow.co.uk to learn how to make salt beef from scratch

Sometimes you just need something sweet



Danish pastries

MAKES 9 TAKES 40MIN PLUS COOLING TIME COSTS 28P PER PASTRY

- 🔳 75g butter 🔳 50g light brown sugar 100g raisins 2tsp ground cinnamon ■1 pack of uncooked croissant dough ■ 1tbsp plain flour ■ 3tbsp icing sugar
- 1 Preheat the oven to 190°C/ 375°F/Gas 5 and line a baking tray with greaseproof paper. 2 Heat the butter, sugar and raisins in a pan until the butter is melted, then stir in the cinnamon. Cool for 10min.
- **3** Unroll the croissant dough onto a lightly floured surface and pinch together the perforated sections of dough. 4 Spread with the butter mixture, then roll up from the short end to create a sausage. Slice into nine discs and transfer to the baking tray. Bake for 15min, or until golden and puffed up. **5** Leave the pastries to cool on a wire rack. Mix the icing sugar with a few drops of water, then drizzle over the pastries.







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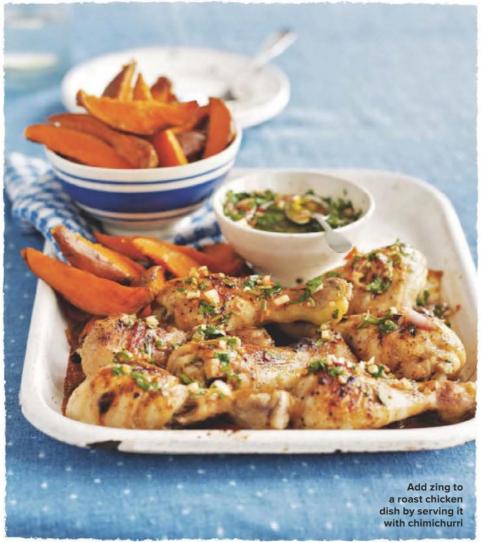
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Try a new taste...

CHIMICHURRI

Developed in Argentina to accompany meat, chimichurri is a sharp, herby sauce made from finely chopped parsley, oregano and garlic mixed with olive oil and wine vinegar. There are many variations of the sauce – chilli flakes, coriander and bay leaves are often included. You can buy it in specialist shops, ready made or as a dry mix to which you add oil and vinegar, but it's easy to make, too.

HOW TO USE Mix 2tbsp soy sauce, the juice of 3 limes and 1 crushed garlic clove in a dish. Slash the skin of 8 chicken drumsticks then leave in the marinade for 30min. Preheat the oven to 200°C/ 400°F/Gas 6. Take the drumsticks out of the marinade, put them on a baking tray and rub in 2tbsp olive oil. Cook for 45min, brushing with the marinade occasionally, until cooked through. To make chimichurri, mix 1tsp dried chilli flakes, 1 peeled, finely chopped shallot, 1 deseeded, finely chopped green chilli, 2tbsp olive oil, 2tbsp red wine vinegar, 2tbsp each chopped fresh parsley and coriander. Spoon it over the chicken and serve with sweet potato wedges.





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Sponge, white chocolate limoncello mousse and candied zest combined Limoncello Bûche (850g), Taste the Difference range, Sainsbury's

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Berry pavlova stack (403g), Morrisons



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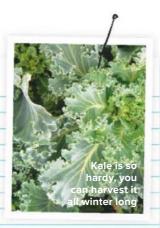
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To-do list for JANUARY

PICK nutritious kale from now until May. Its leaves are delicious steamed or boiled and served with a hearty, warming stew. Alternatively, chop it, drizzle it with oil, sprinkle on salt and sugar, then oven bake it for five minutes for delicious, crispy 'seaweed'.

PLANT shrubs on mild days when the ground isn't frozen hard. To enjoy a host of beautiful pink flowers and a lovely heady scent in spring, choose Viburnum bodnantense 'Dawn'.

SOW your geranium seeds now in a warm propagator and you can look forward to masses of colourful plants to fill your pots and baskets come April and May. Flowering will occur approximately 12 to 16 weeks after

Look forward to geraniums in spring

sowing



Grow something beautiful...

HYACINTHS

A perennial favourite with intensely fragranced blooms, hyacinths flower in March but there are specially prepared bulbs that bloom at Christmas. Grow indoors, then plant in beds and borders to enjoy a spring show for years to come.

HOW TO GROW Bulbs are planted in early autumn, but container-grown ones can be planted right up until summer. Aim for 10cm of soil over the top of the bulb and 15cm between each plant. Hyacinths like a sunny spot with freely draining soil, so if they're in containers, mix coarse sand into the compost.

VARIETIES TO TRY

BEST FOR

Hyacinth 'Delft Blue' A classic variety with exquisite

A classic variety with exquisite blue flowers, this plant grows to around 25cm tall. It can also bloom for up to eight weeks.

Forcing in pots, to be enjoyed at close range. As befits the name, it looks lovely teamed with blue and white china.

Hyacinth 'Pink Pearl'



This hyacinth has such an abundance of delightful cerise and pink blooms, they actually overlap one another. Planting en masse in the garden. This compact variety can endure all types of spring weather and still look great.

LOOK WHAT WE FOUND!

Nipping outside? Have these slip-on shoes ready by the doormat to keep your toes dry and toasty-warm

Backdoorshoes in Pink Roses, Backdoorshoes



Hyacinth 'Woodstock'



Sporting velvety purple-red flowers atop near-black stems, this stately variety can grow up to 30cm tall. Using as a cut flower. Change the water often and add a drop of bleach to the vase, and these blooms will last for a fortnight.

WIN £40,000 to refresh your home

Get started on a renovation project with one of these fantastic cash prizes



he New Year always brings on an urge to declutter, refresh and renovate, but this year, your dreams of remodelling your home could really come true. Enter our competition to win a fabulous cash prize, and you could soon be planning a complete makeover for your kitchen or bathroom, building an extension or even re-landscaping your garden. There are three chances to win a big cash prize, plus there are lots of runner-up prizes, too. Simply check the number printed on the front cover of this issue of Ideal Home magazine, then call, text or send your details using the information below. If the number on your cover matches the number we give, you could be one of our lucky winners.

ARE YOU A WINNER?

If you've telephoned, texted or written to us to check if you have a winning number and have been informed that you have a successful match, please send a photocopy of your front cover (by recorded delivery), plus your name, address, daytime telephone number and which prize you are claiming to: Yasmin Christofi, Ideal Home Lucky Numbers January 2015, Blue Fin Building, 110 Southwark Street, London SE1 OSU, to arrive no later than 23 January 2015. Please keep the original cover safe, as we will need it to verify your claim at a later date. This address is for prize claimants only. For a list of winning numbers, see 'By Post' (right).

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BY POST To see if you have won, write your seven-digit lucky number with contact details on a postcard and send it to: Ideal Home Lucky Numbers/January, PO Box 5639, London W1A 2HN, to arrive no later than 3 January 2015. You will be notified by letter if you are a lucky winner.

TERMS AND CONDITIONS The competition closes at midnight on 10 January 2015. The entry instructions form part of the rules. Proof of posting will not be accepted as proof of delivery. All claimants must be in possession of the original Ideal Home January front cover bearing a winning number. In the event of printing or technical errors, omissions or duplications, Time Inc. (UK) retains the right, at its discretion, not to award prizes to claimants or consortiums who have won a lucky numbers Game in the past 12 months, or to claimants who, in the opinion of Time Inc. (UK), have not entered into the spirit of the Game. Prizes must be accepted as offered. No entrant can win more than one prize. The Game is open to all readers aged 18 or over and resident in the UK, and the Channel Islands, other than employees (and their families) of Time Inc. (UK), the reproduction house, printer and distributor of Ideal Home magazine, wholesale and retail newsagents SP: Spoke and any participating sponsors and their agents. The Editor's decision is final and no other correspondence will be entered into. All winners will be confirmed in writing and must agree to publicity. For customer service, call 0333 202 3390.

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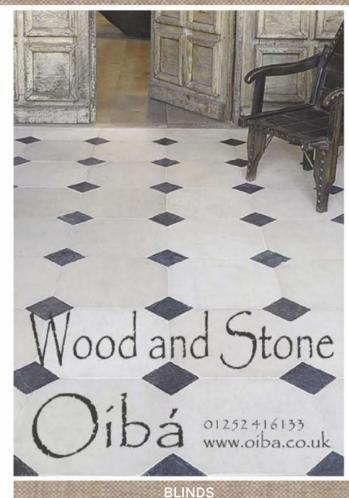
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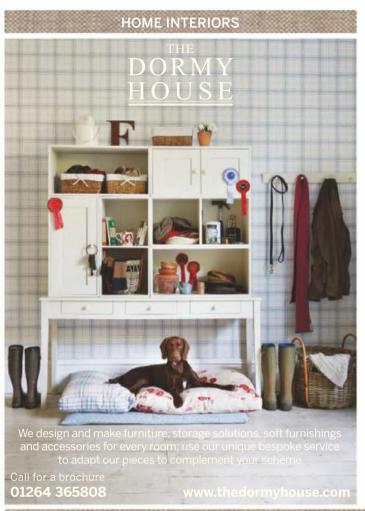


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Simple Pleasures LIFT YOUR LIFE ONE TREAT AT A TIME...

MAKING SOUP Vanessa Richmond, Associate Editor

There's a brief window every year when making soup becomes an essential part of my life. As soon as Christmas is over and I've arrived home from the parental or sisterly abode, I literally do not know what to do with myself

After the noise and chaos that envelops the Family Richmond during the festive season, my house feels very quiet and still. I am a sad, lost figure standing in the hallway wearing a gravy-stained Christmas pudding jumper and clutching a carrier bag of lovingly Tupperwared leftovers.

I know that if I don't act decisively now, inertia will overtake me and I'll spend the rest of the holiday lying on the sofa in the winceyette penguin/polar bear/snowflake pyjamas Ma Richmond got me for Christmas (which I still love, even though I'm in my forties now and should probably be wafting about in a slinky wrap like the women in Galaxy and cat-food adverts do) watching MGM musicals back-to-back and working my way through half-price tins of Quality Street from the corner shop.

Of course, such activities are known benefits of being a solo dweller, but, coupled with the post-Christmas slump, I've found that path leads nowhere but domestic sluttery, returning to work in the grip of an IBS episode and, ultimately, self-loathing. I have

time on my hands. I have my own body weight in leftovers. I have a lot of slightly rubbery vegetables I'd bulk-bought in the hope of a healthy yule (but ignored in favour of gift-boxed biscuits, Lidl stollen and M&S stilton). The conditions are perfect for some soup therapy.

Now, as a rule, I don't cook. your life' I heat and I assemble, but I don't cook. It's not that I can't. I'm not bad at it when I do (thanks to Delia and some foodie housemates I had in my renting twenties), and I enjoy it, too. But on a day-to-day level, I just don't have the time or the energy. Even at the weekend, I'd rather spend an unassigned hour pottering about, reading in the bath or binge-watching Homes Under the Hammer than peeling vegetables. However, one thing I will slave over a hot stove for is soup.

I've developed a kind of emotional dependence on the stuff from being a perpetual dieter: I'm one of those people who's always on a diet, but never actually loses any weight. (Don't be fooled by the photo at the top of this page, dear reader. It was taken during a period of post-break-up thinness, so imagine that face, but with fat-suit prosthetics.) I have gained - and lost -WeightWatchers Gold Status twice. I am a Femail article case study waiting to happen.

But, when you're in the habit of studying the labels on the back of food packaging, you learn a lot. From pots of supermarket soup, you learn that it is

Making soup is

an act of taking

back control

when you've lost

the balance in

surprisingly low-calorie for something so filling and yummy (unless it's made with cream, obvs). Also, you learn that you're paying handsomely for what is essentially

some vegetables and stock. While I'm no MasterChef, I'm pretty confident that even I can bubble up some veg in a pot and make it taste half decent. You don't even need a recipe book – I started by noting down the ingredients listed on the back of my supermarket favourites and replicating them.

Everybody knows it's the ultimate fix when you're sick or want to eat 'cleanly' after a period of toxic living. Simple, natural and nourishing, it sends a message to your body after the roller coaster of Christmas that the worst is over. But it's about nurturing your soul, too. The act of making soup is an act of taking back control when you've lost the balance in your life.

So, the grubby jumper gets chucked in the machine, the leftovers get unpacked and my monster-feet slippers go on... and soon I'm padding around the kitchen, probing the



darkest recesses of cupboards and unearthing dusty packets of grains and pulses I tend to impulse-buy in Holland & Barrett penny sales with the best intentions (how do you say quinoa, anyway?!), and things in jars that have passed their best before' dates. There ain't nothing you can't make soup out of, y'know.

While I'm slowly chopping vegetables, I get thinking: about family stuff; friend stuff; work stuff; random stuff - like holidays and 'wouldn't-it-be-nice?' stuff. Plans for the year ahead start to form. While the soup is simmering, I notice that the Christmas tree is droopy and sad with no gifts underneath it. So I take down the decorations and pack them away. Without them, the house looks strangely stripped back to its bare bones and I can suddenly see a new way to arrange the furniture or a wall that's crying out for some fabulous wallpaper. More ideas are buzzing now, so when the soup is ready, it becomes a working supper while I jot them down. By the time the bowl is empty, I've got a bucket list of beautiful possibilities to look forward to. Hmm. With that done, maybe I'll fire up my iPad and see if M&S has any slinky wraps in the sale...

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